

Medical Grand Rounds
National Rehabilitation Hospital
Friday, 20 February, 2009

Highlights of “Summer School on Biological Treatment of Chronic Spinal Cord Injury”

at the University of Vienna (Austria) Medical School, October 2008

Arthur Sherwood, Science and Technology Advisor

**National Institute on Disability and Rehabilitation Research (NIDRR)
Office of Special Education and Rehabilitative Services (OSERS)
US Department of Education**



Overview

- ❑ This information is taken from the presenter's participation in the:

Summer School¹ for Biological Control of Chronic Spinal Cord Injury, University of Vienna Medical School, Vienna, Austria, October 5-10, 2009

- ❑ Sponsored by the Foundation for Movement Recovery, Oslo, Norway and the Medical School of the University of Vienna

- ❑ Conference web site:
<http://movement.fesworkshop.org/Default.aspx>

1-Summer School refers to the didactic nature of the meeting, not the calendar

Common goals for the Summer School:

- ☐ To advance the current clinical treatment of SCI.
- ☐ To review the potential value of experimental therapies..
- ☐ To discuss functional surgery of the human spinal cord.
- ☐ To demonstrate the significance of neurophysiological assessment in developing treatment programs for individuals with SCI.

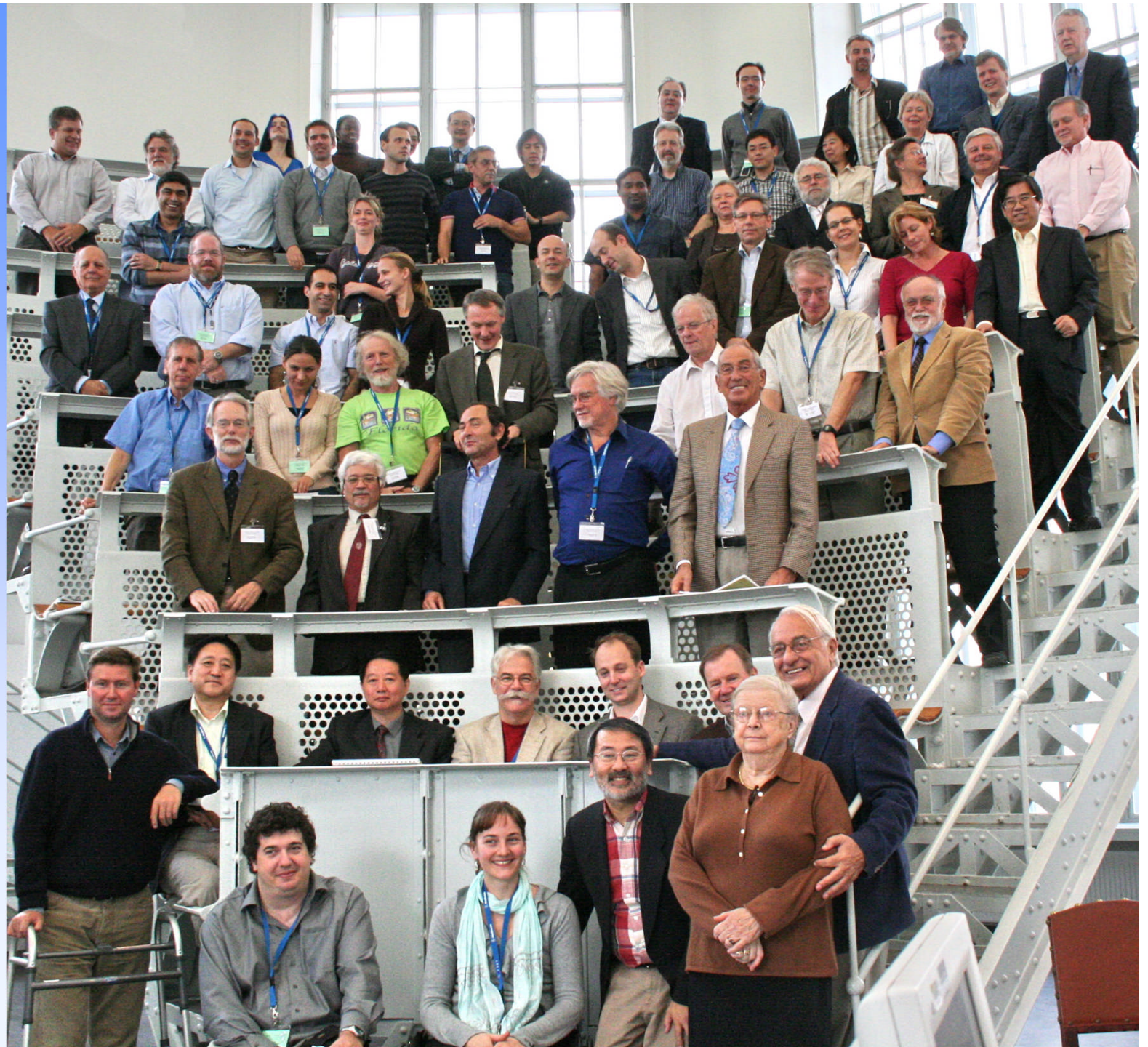
- ☐ NOTE: The meeting was *not* intended to adjudicate which intervention was *better*; indeed realistic intervention approaches will likely require a *cocktail* approach.

Participants
at the

*Summer
School on the
Biological
Treatment of
Chronic SCI*

University of
Vienna
Medical
School,

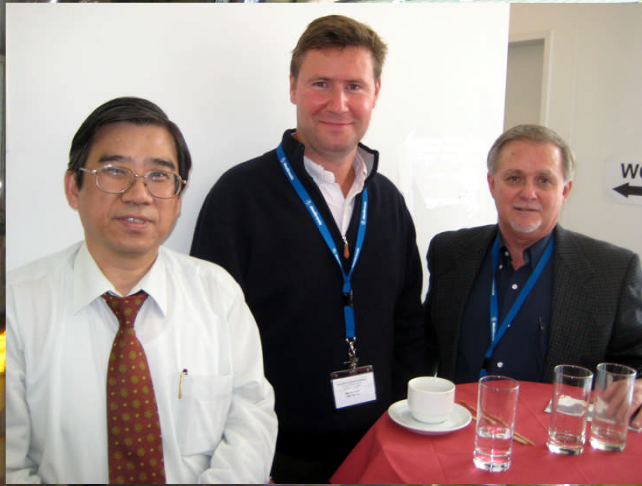
Oct. 5-10,
2008



Background: Why this meeting was important

- ❑ The natural history of SCI is complex. It:
 - Is highly variable among individuals;
 - Requires that parameters of natural recovery be carefully identified;
 - Includes neuroplastic changes in the brain as well as spinal cord; and
 - Requires objective measures for optimum treatment implementation.
- ❑ Recovery trials are underway.:
 - Preclinical experimental work must be adequate;
 - Only incremental changes are expected; and
 - The role of rehabilitation must be clarified
- ❑ Multiple challenges to recovery call for
 - Advanced treatment designs.
 - Careful monitoring

Lots of networking opportunities



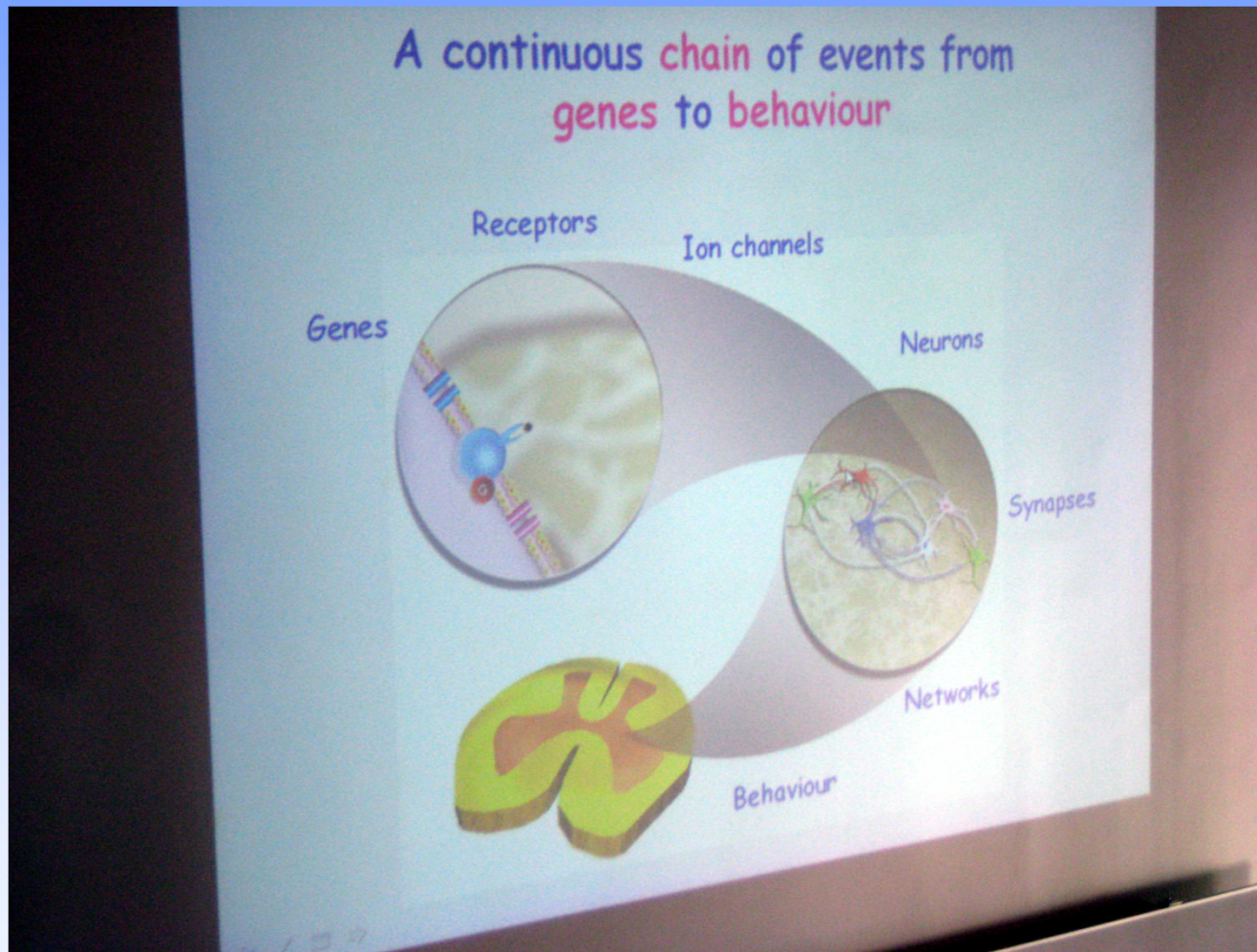
Three Types of Attendees; Three Types of Presentations – and framework for this presentation

- ❑ Neuroscientists involved in the basic science of movement (locomotion).
 - Described complex capabilities of the spinal cord (SC)
 - In both experimental and clinical models
- ❑ Human Neuroscientists & Professionals involved in assessment of motor control and monitoring spinal cord functions.
 - Demonstrated objective, neurophysiological methods of documenting functional status of the SC
 - Objectively documented changes in early recovery after SCI
 - Characterized their efforts, describing (published) results
- ❑ Surgeons and Physicians attempting experimental therapy.

Basic Science of Movement



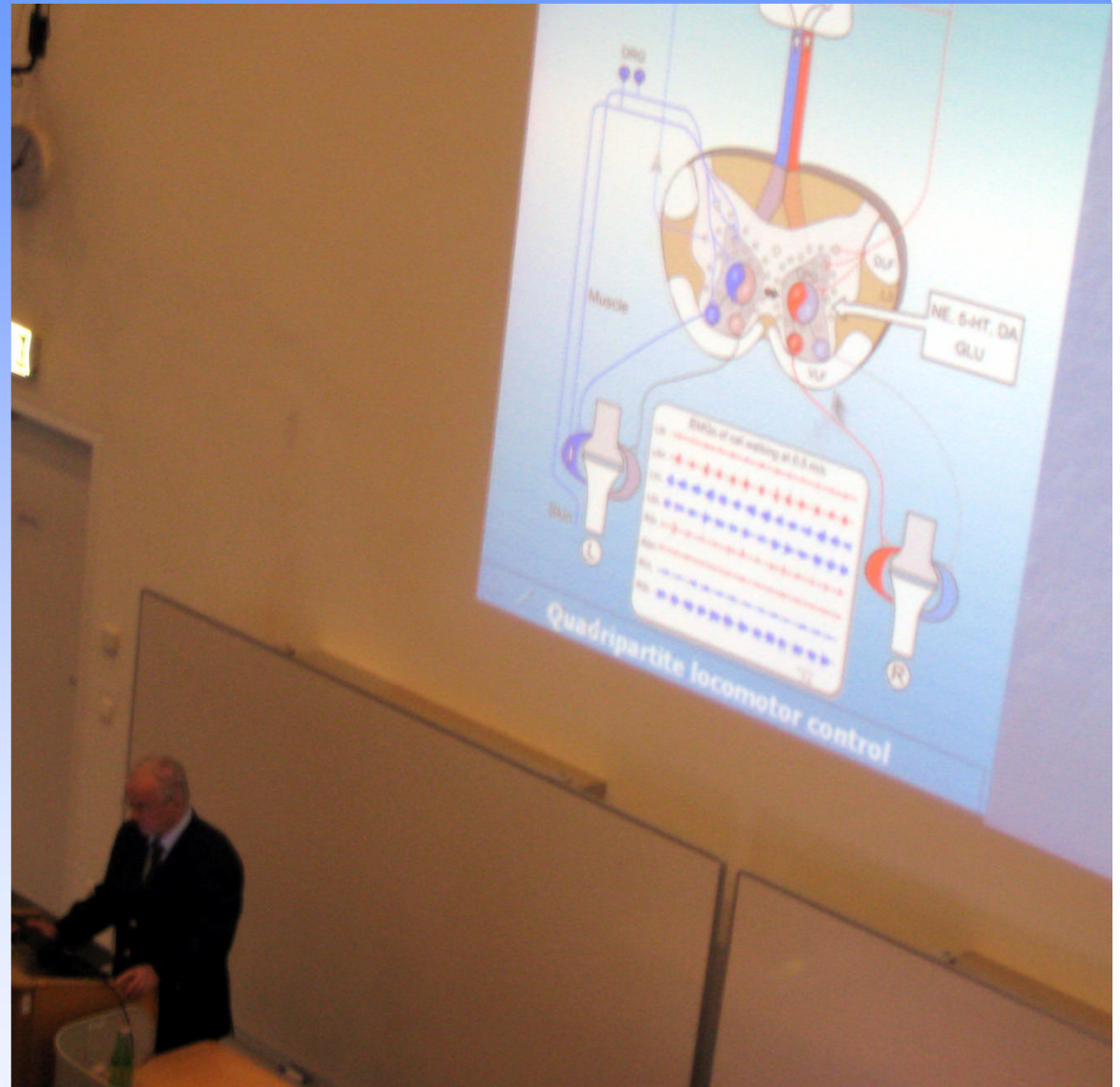
Sten Grillner: Spinal Locomotor CPG: From Ion Channels to Neuronal Networks



Presenter: Grillner

Serge Rossignol

- CPG in the recovery of locomotion after partial spinal cord lesions



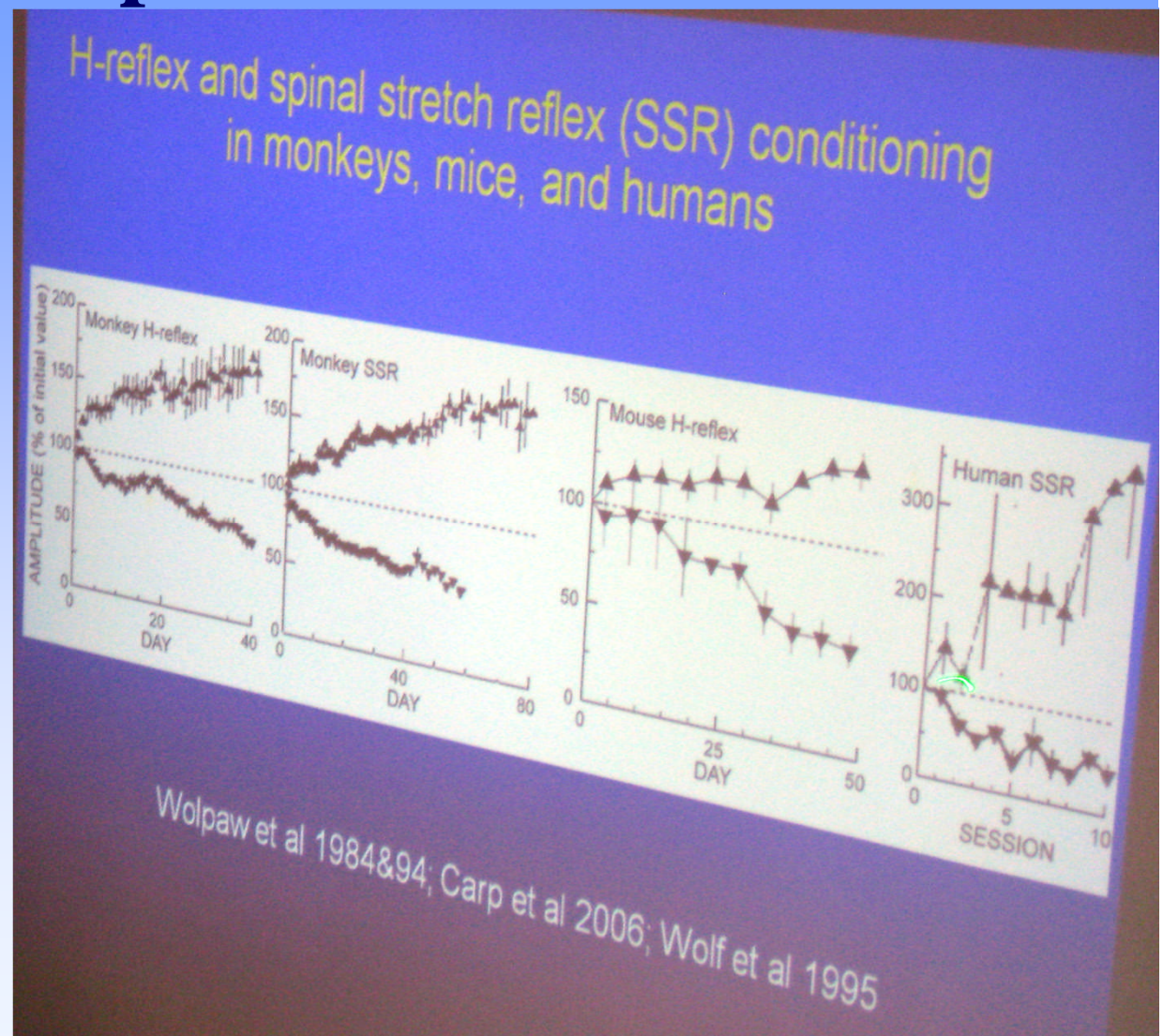
Presenter: Rossignol

Jonathan R. Wolpaw

- Adaptive plasticity of spinal cord reflexes: CNS mechanisms and therapeutic uses



Presenter: Wolpaw



Jonathan Wolpaw: hierarchy of neuroplasticity

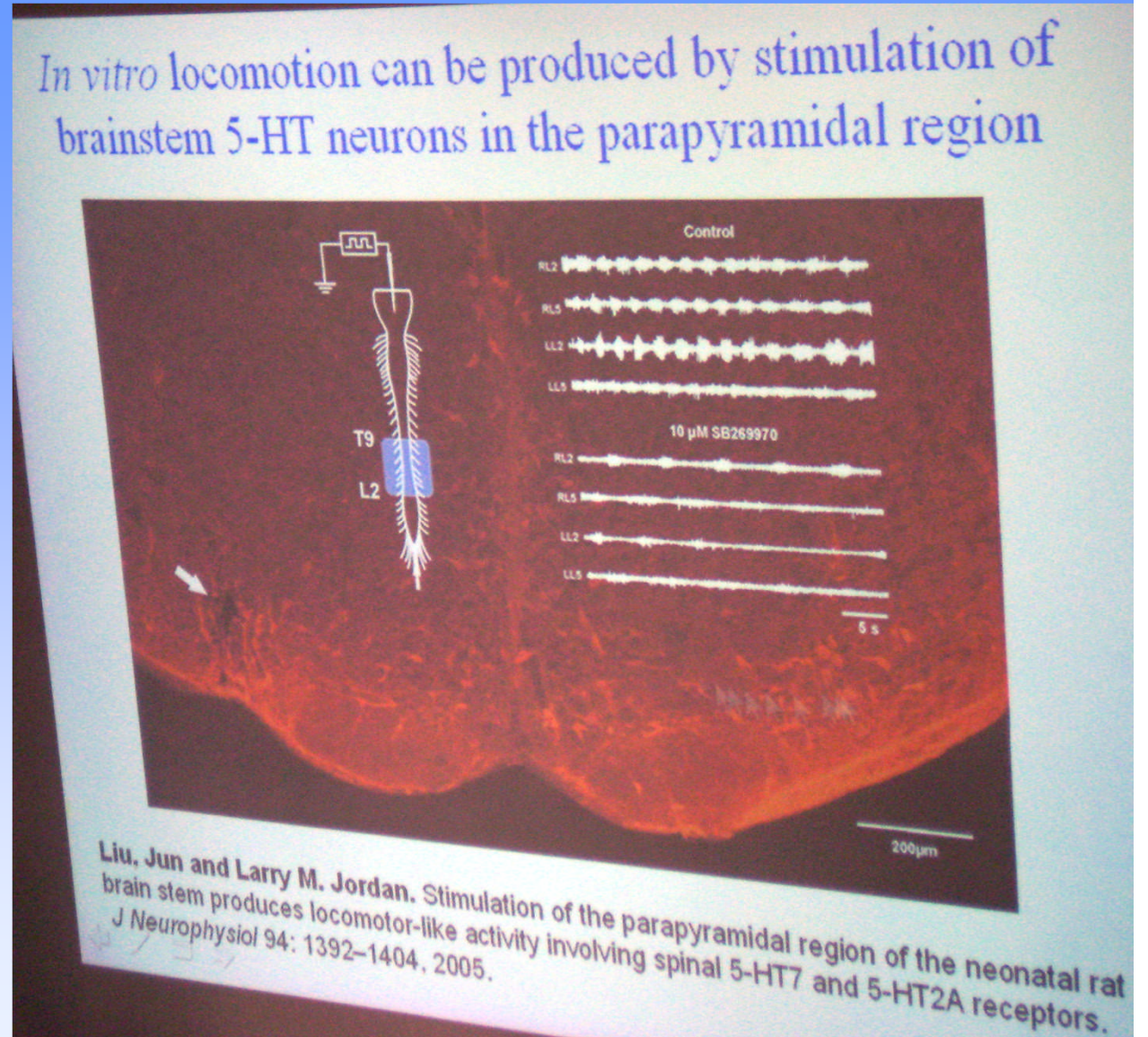
Conclusions

- A simple motor skill involves plasticity at many sites in the spinal cord and in the brain.
- The changes in brain and spinal cord form a hierarchy of plasticity.
- Task-dependent adaptation develops rapidly and probably reflects cortical plasticity.
- Long-term change develops slowly and reflects spinal cord plasticity.
- This plasticity can affect other motor skills.
- Reflex conditioning can help to initiate and guide restoration of function after spinal cord injury or in other disorders.

Presenter: Wolpaw

Larry Jordan:

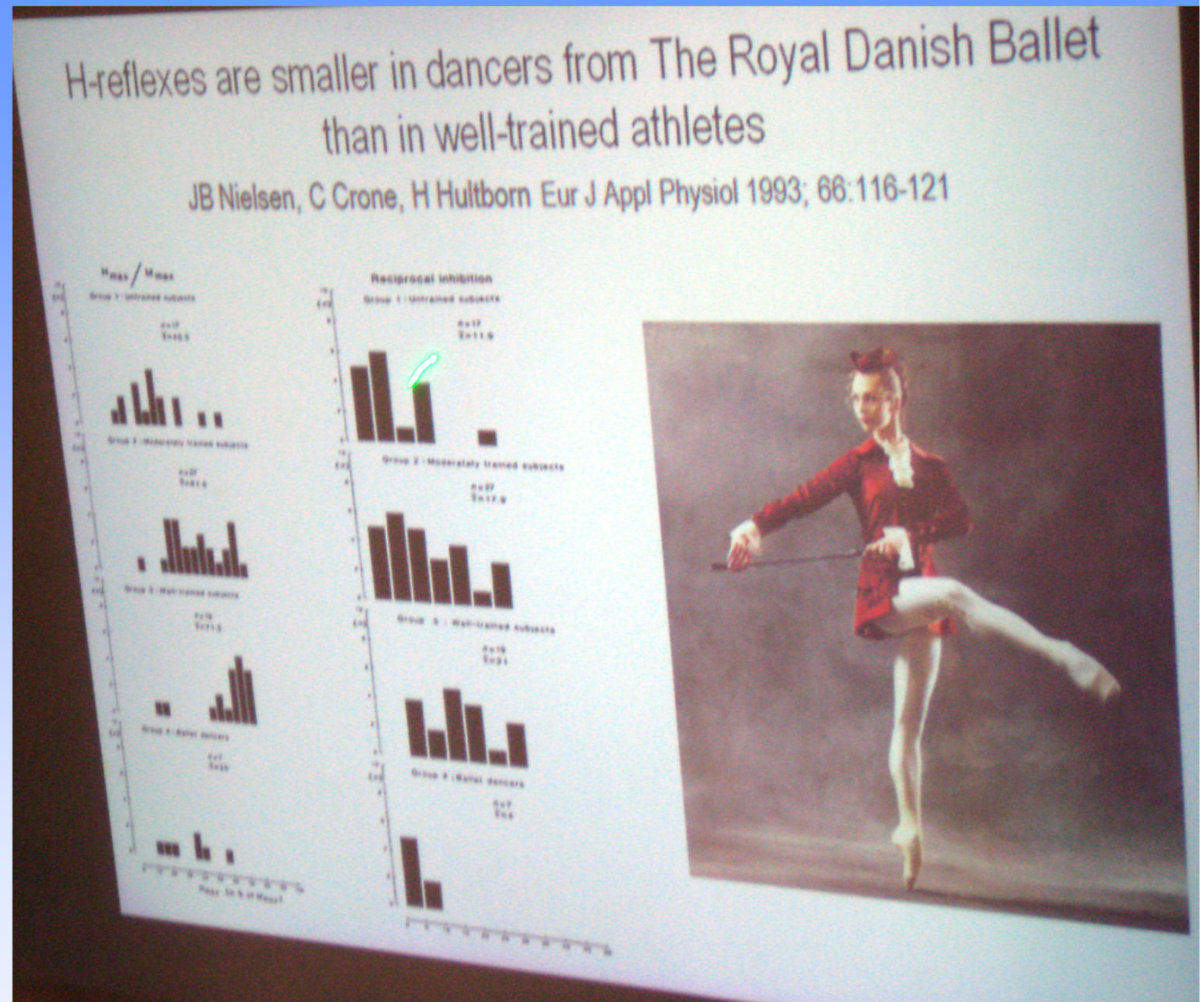
- Brainstem and spinal neural systems for the initiation of locomotion



Presenter: Jordan

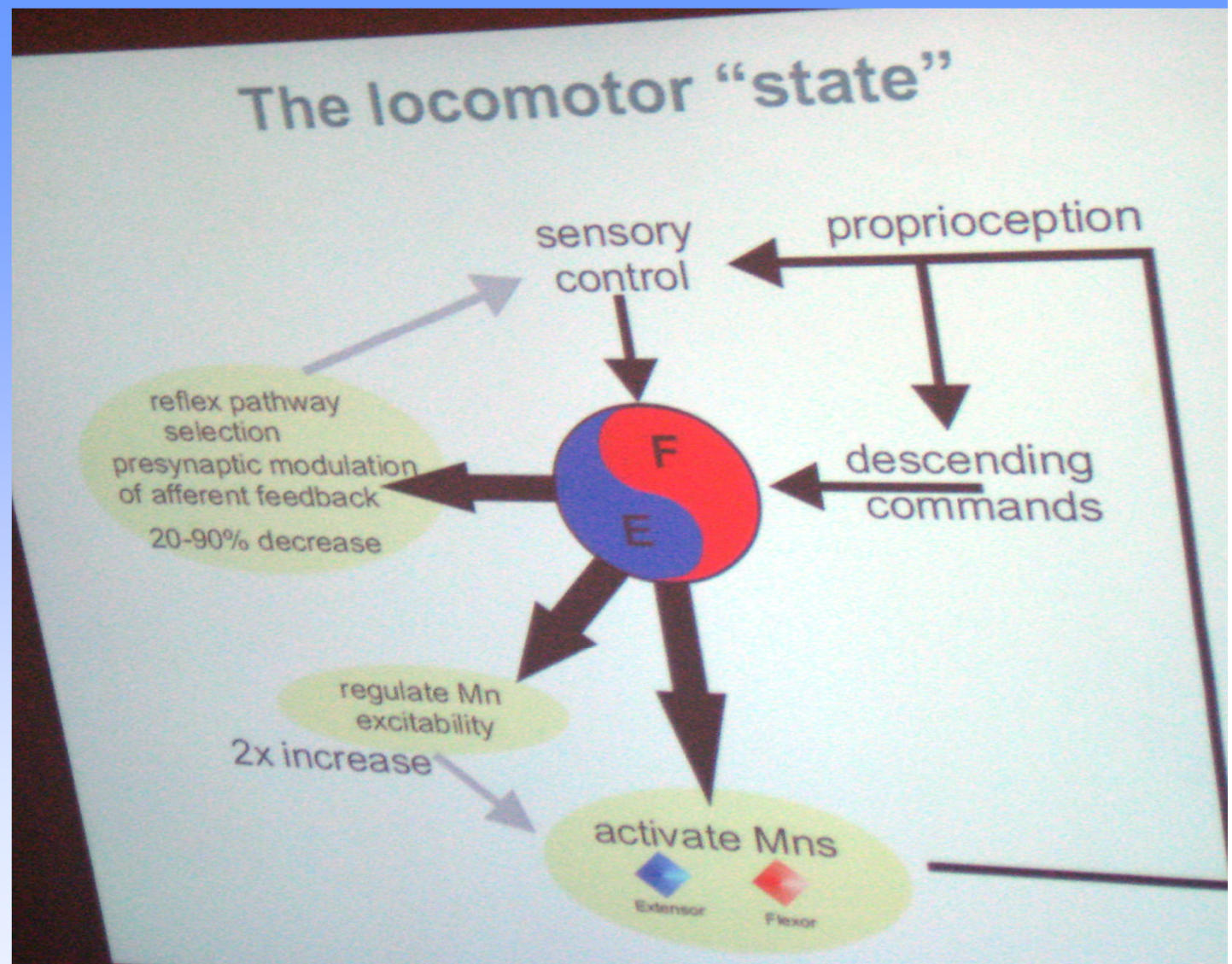
Hans Hultborn

- Plasticity at motoneuronal level following spinal cord lesions.



Presenter: Hultborn

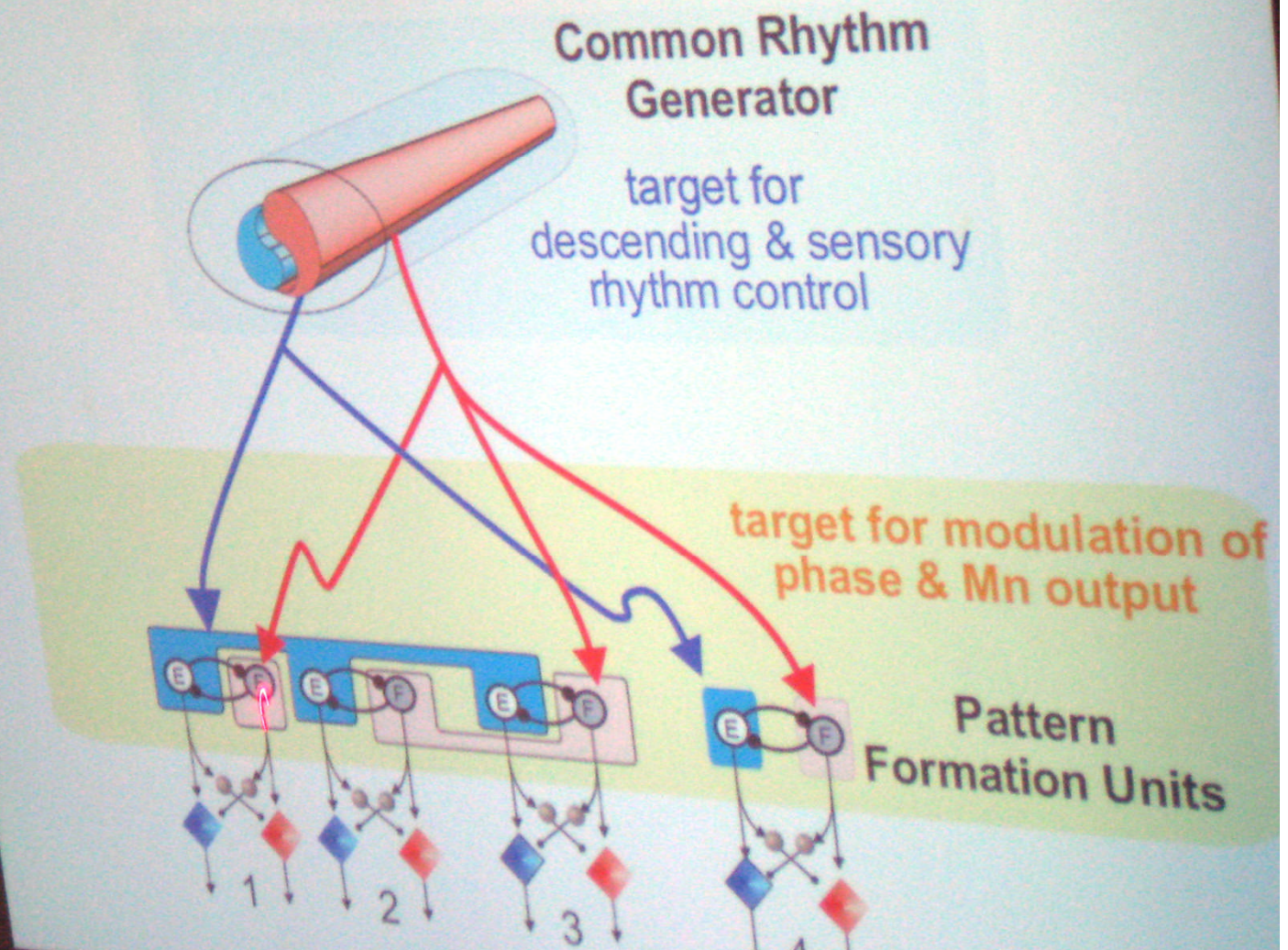
Creating the Locomotor State: The Organization of the Mammalian Locomotor CPG



<http://www.youtube.com/watch?v=UXPJJelSuXo>

Presenter: McCrea

Extending the model to more than two muscles:
a common rhythm generator (CRG) and MULTIPLE (unit) pattern
formation (UPF) networks



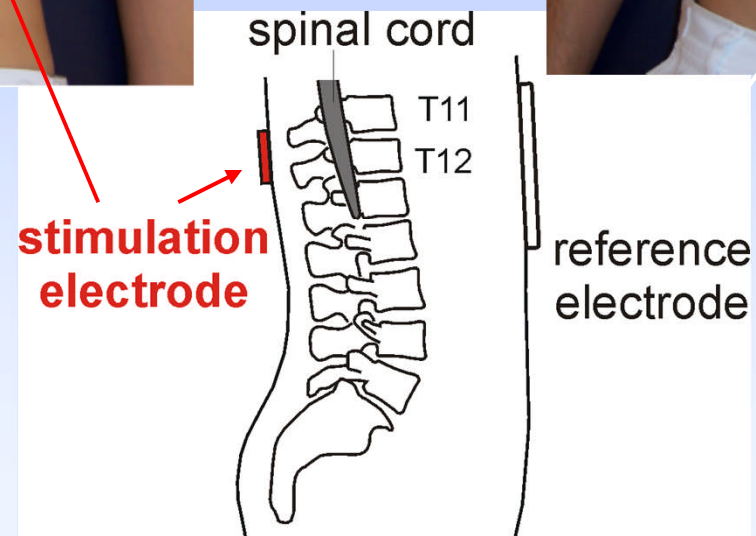
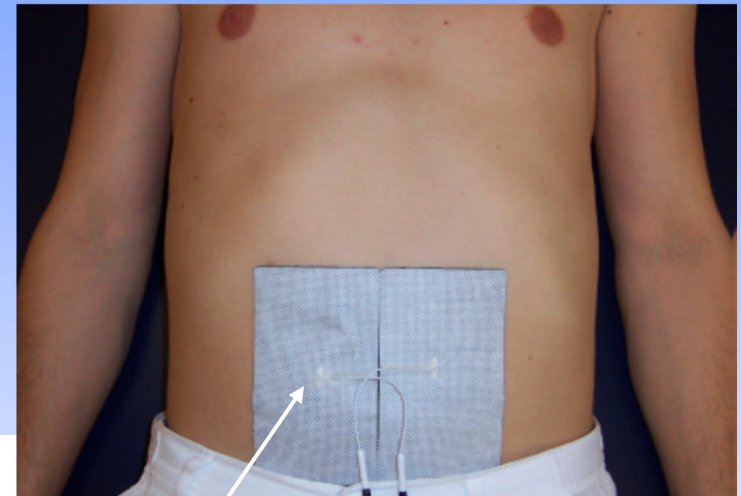
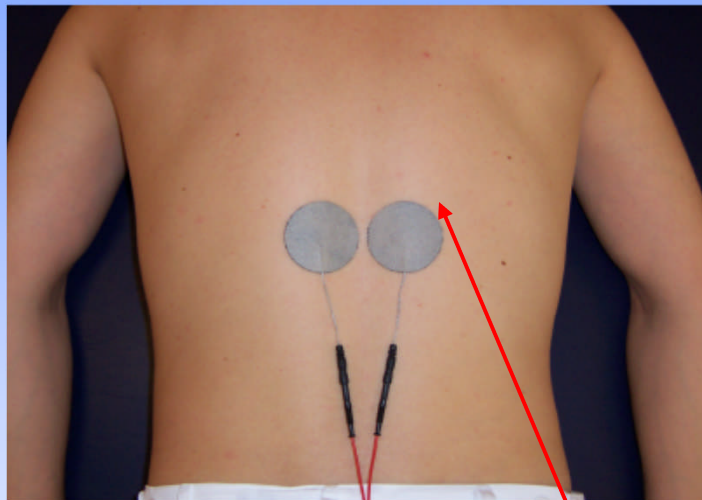
Assessment and Monitoring of Spinal Cord Functions

Brain Motor Control Assessment (BMCA)*, Posterior Root Muscle (PRM) Reflexes*, and Intraoperative Monitoring

* Demonstration workshops on these topics were held each afternoon (Mon-Thur)

Assessment of Lumbar Neuronal Circuitry – Posterior Root Muscle (PRM) Reflexes

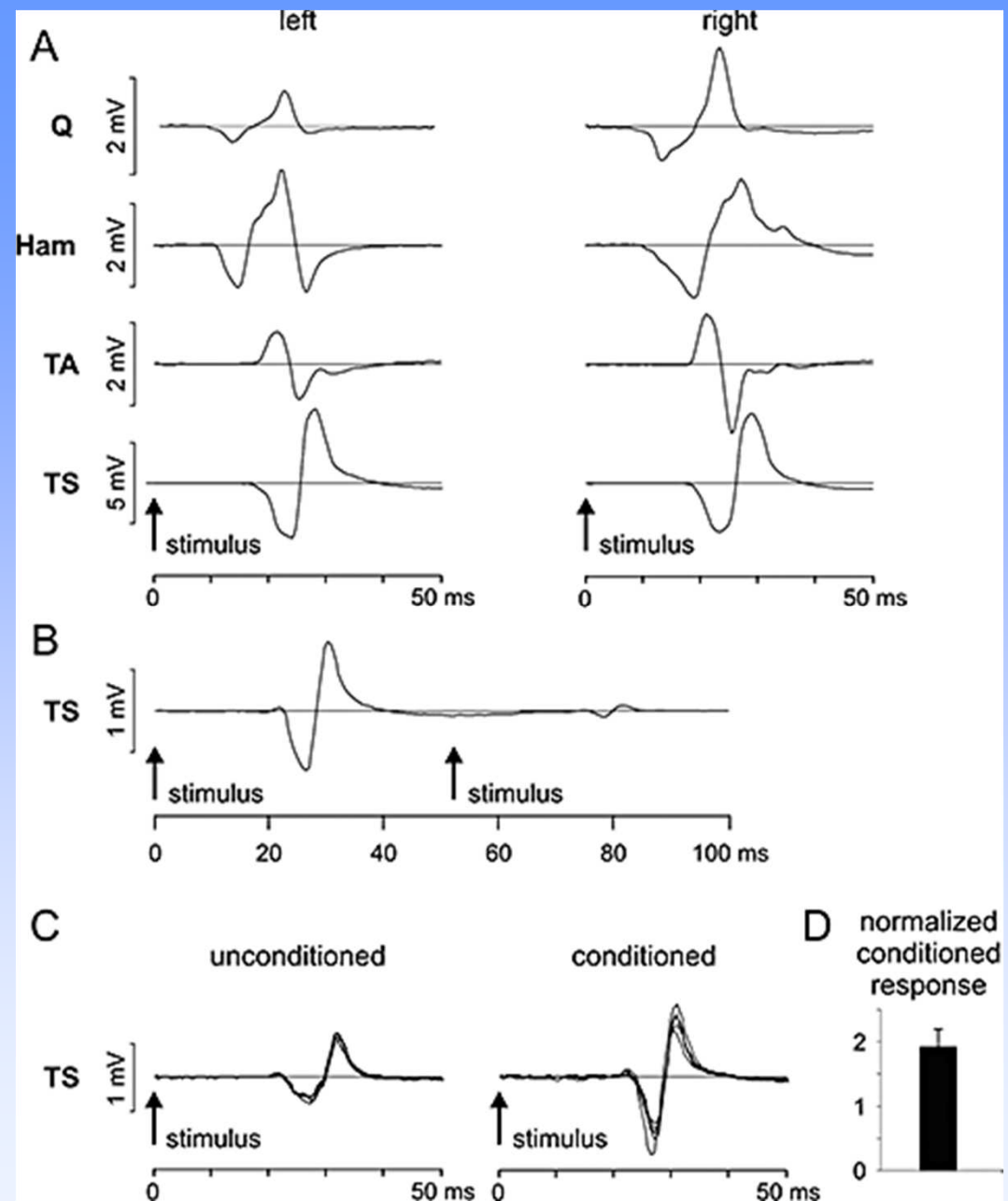
❑ Electrode placement



Presenter: Minassian

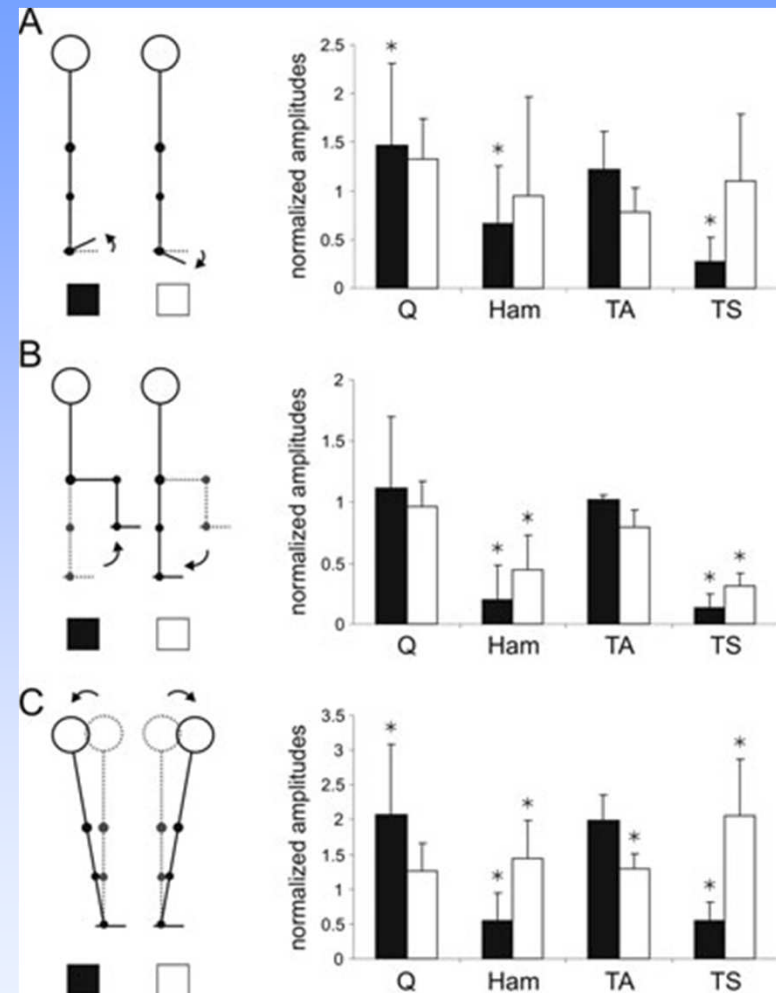
PRM Method

- ❑ A. bilateral elicitation of PRM (all sweeps 5 superimposed).
- ❑ B. Responses to paired stimuli (50 ms interval).
- ❑ C. Unconditioned and volitional conditioning.
- ❑ D. Conditioned amplitude.
- ❑ Legend
 - Q- Quadriceps
 - H- Hamstrings
 - TA- Tibialis Anterior
 - TS- Triceps Surae



PRM Conditioning

- ❑ All maneuvers in standing position.
- ❑ A. Unilateral dorsal (black bars) and plantar flexion (white bars).
- ❑ B. Unilateral multijoint flexion and extension (black and white, resp.)
- ❑ C. Leaning back (black) and forward (white)
- ❑ Legend: as prev.



Assessment of Spinal Cord Injury Using the Brain Motor Control Assessment (BMCA) Protocol

Purpose: to develop and validate a tool that will

☐ Uncover and characterize

- clinically unrecognizable evidence of translesional connections between the brain and brainstem, and spinal cord motor networks

☐ Track

- Recovery,
- Progression, and
- Intervention effect.

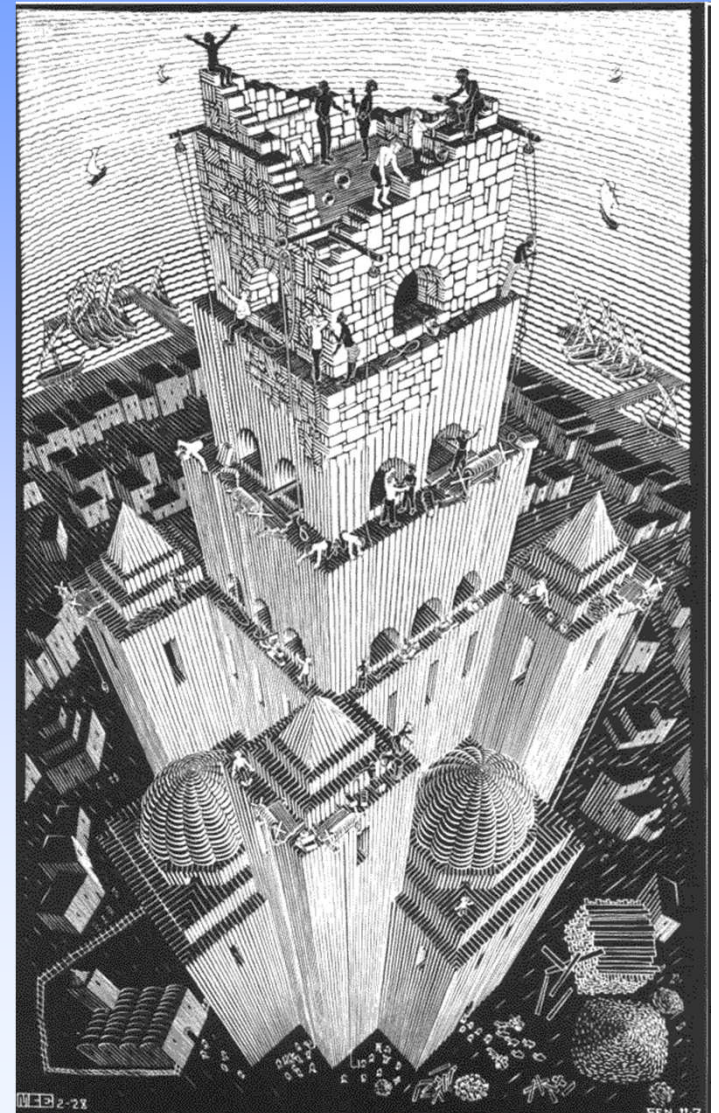


Presenter: Sherwood

“in other words”, the BMCA will

- ❑ Create a new language of motor control to describe the state of patient and improve ability to communicate with and about patients
- ❑ Supplement the clinical languages
 - ASIA Impairment Scale, Ashworth, FIM, SCIM, etc., i.e., inverting the tower of Babel

Presenter: Sherwood

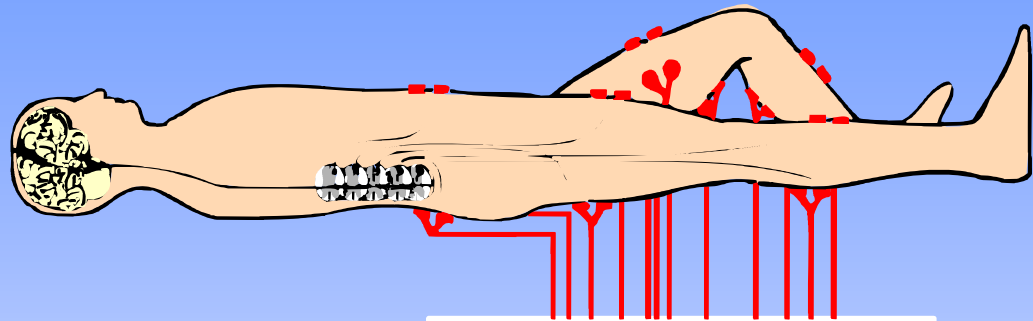


A new BMCA language that will:

- ☐ Improve *communication*
- ☐ Have its own grammar and syntax (technology)
- ☐ Have a vocabulary (phenomenology)
- ☐ Become interesting only when used to tell a story or even better, write a poem, to describe, e.g.,
 - what is a voluntarily triggered spasm?

BMCA Protocol

Relaxation
Reinforcement
Maneuvers
Voluntary maneuvers
Passive maneuvers
Tendon taps
Manual clonus
Vibration
Plantar stimulation
Volitional suppression of
withdrawal reflex
Transcranial Magnetic
Stimulation



Surface EMG
Right and Left

Quadriceps (Q)
Adductor (A)
Hamstrings (HS)
Tibialis Anterior (TA)
Triceps Surae (TS)
Abdominal (Abdom)
Paraspinal (Parasp)

BMCA Data reduction procedure

1. Quadriceps

2. Adductor

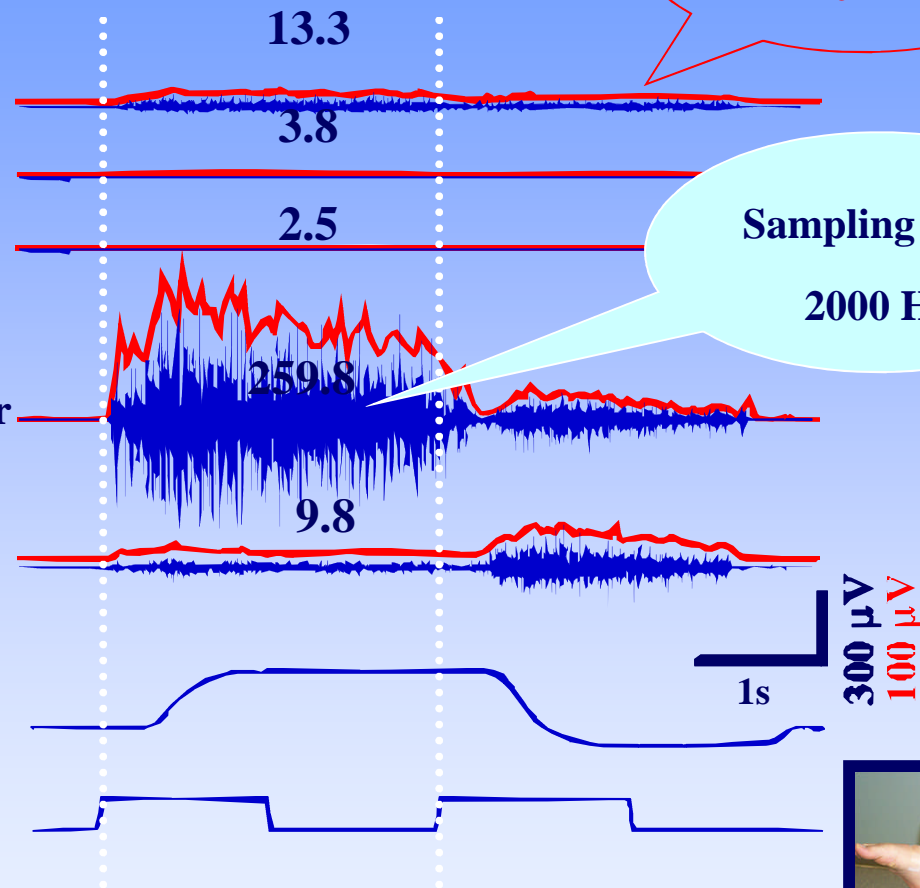
3. Hamstring

4. Tibialis Anterior

5. Triceps surae

Ankle angle

Event mark



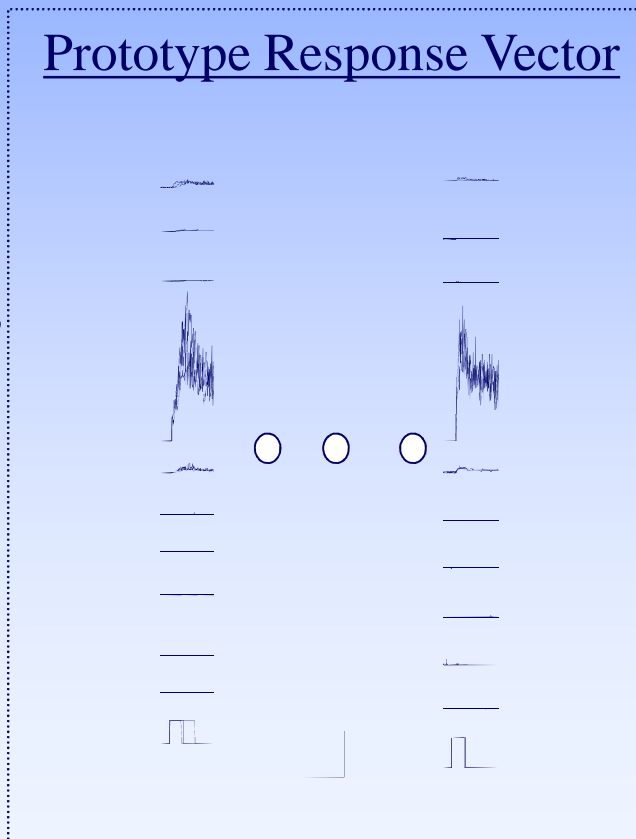
Surface electromyographic (sEMG) activity example:
of voluntary ankle dorsiflexion and plantar flexion in a healthy subject

BMCA: Similarity Index (SI)

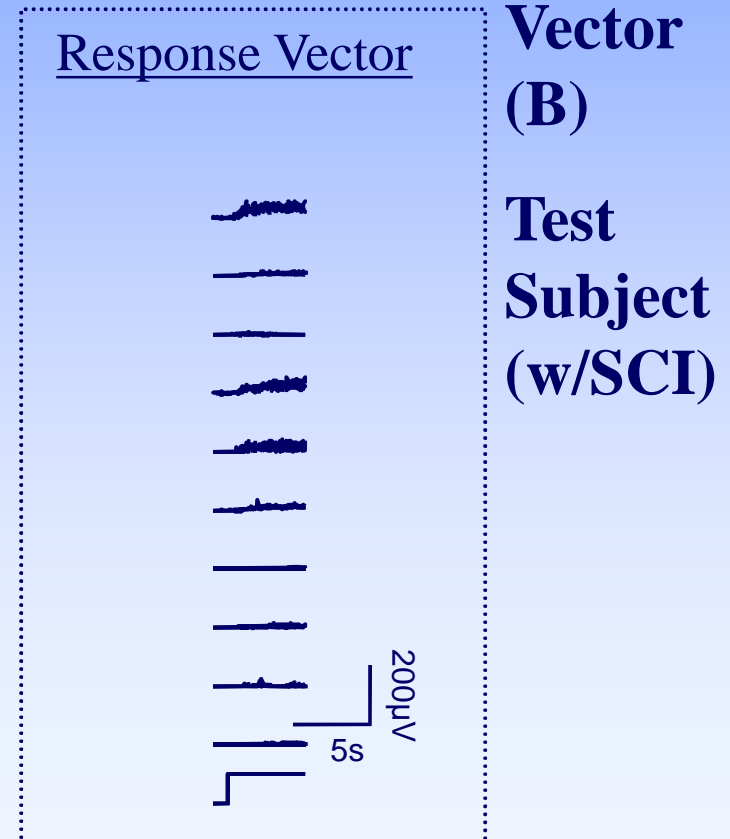
$$SI = \vec{A} \bullet \vec{B} = |A| |B| \cos \theta$$

**Vector
(A)**

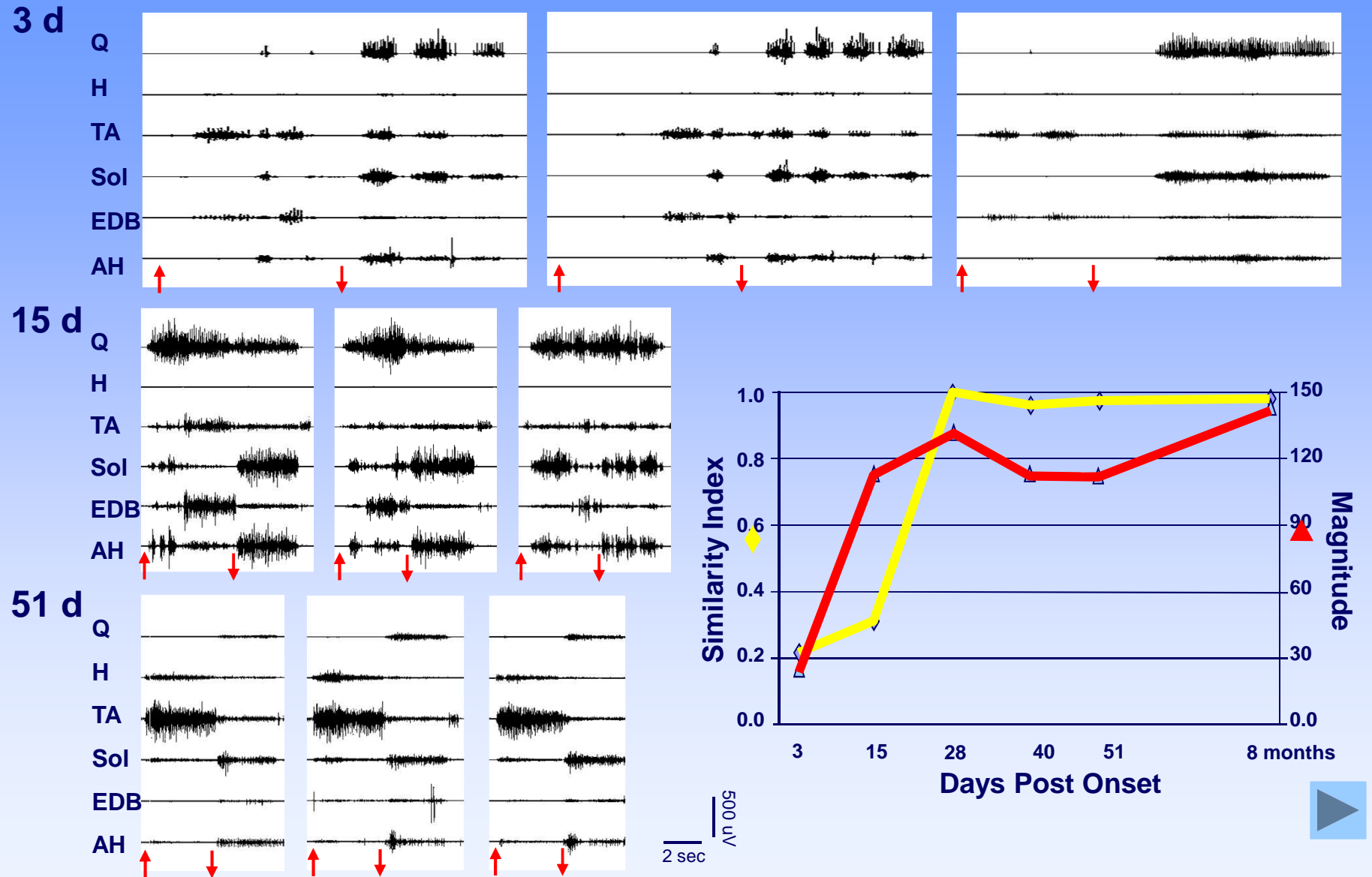
**Healthy
Subjects**



Response Vector



Natural History of SCI: Early recovery of voluntary control



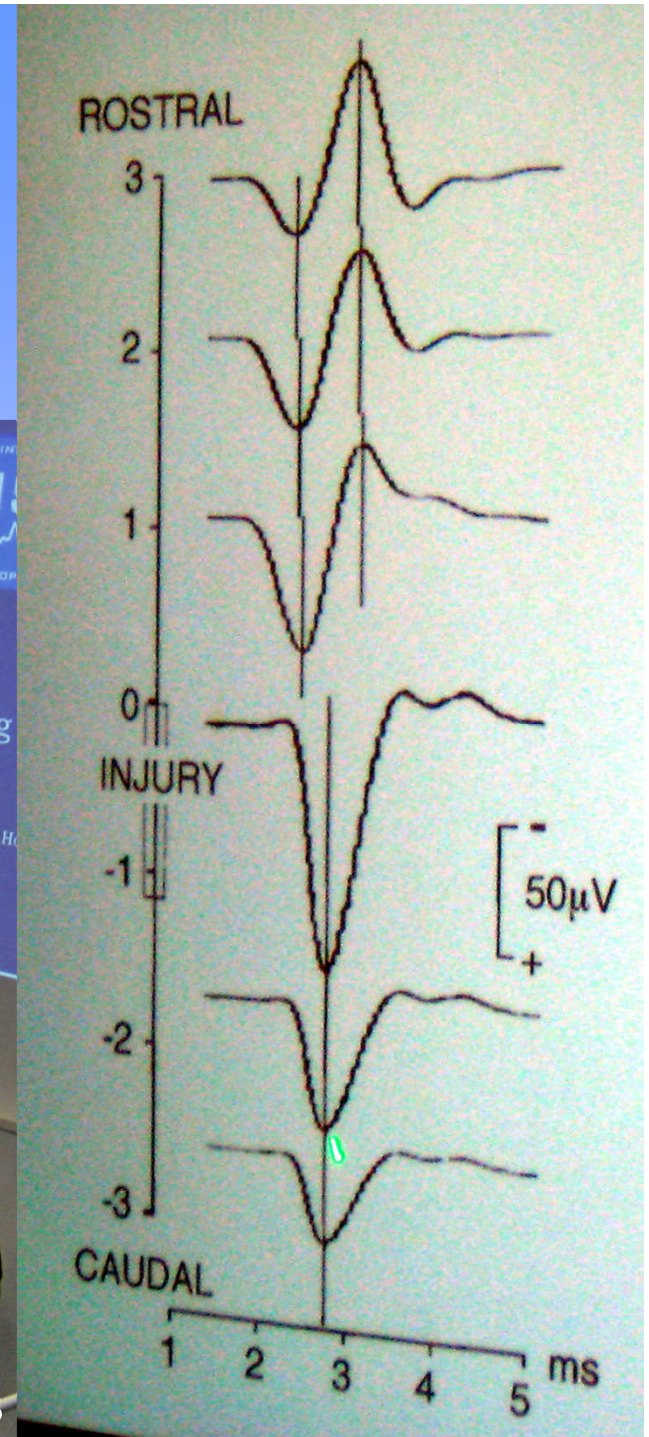
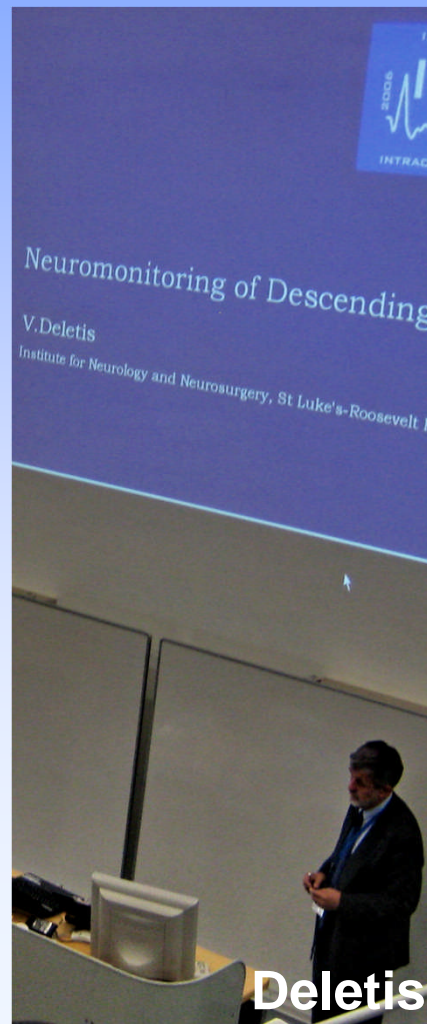
Presenter: McKay

Ankle dorsal-(↑) plantar (↓) flexion

Neuromonitoring of Acute SCI

- ❑ Intraoperative monitoring in acute injury
- ❑ “killed end” injury potential after SCI (human)
- ❑ Opportunity to examine function of cord in immediate post-injury state
- ❑ Ascending, descending tracts

Presenter: Deletis



Experimental Therapies



Lammertse Zhang

Dimitrijević

Young

Huang

Sherwood

Experimental Treatments for Spinal Cord Injury

❑ Cellular Therapy Interventions: transplantation of:

- olfactory ensheathing cells;
- peripheral nerves;
- Schwann cells,
- embryonic CNS tissue;
- embryonic/progenitor cells;
- adult stem/progenitor cells;
- engineered stem/progenitor cells;
- activated macrophages;

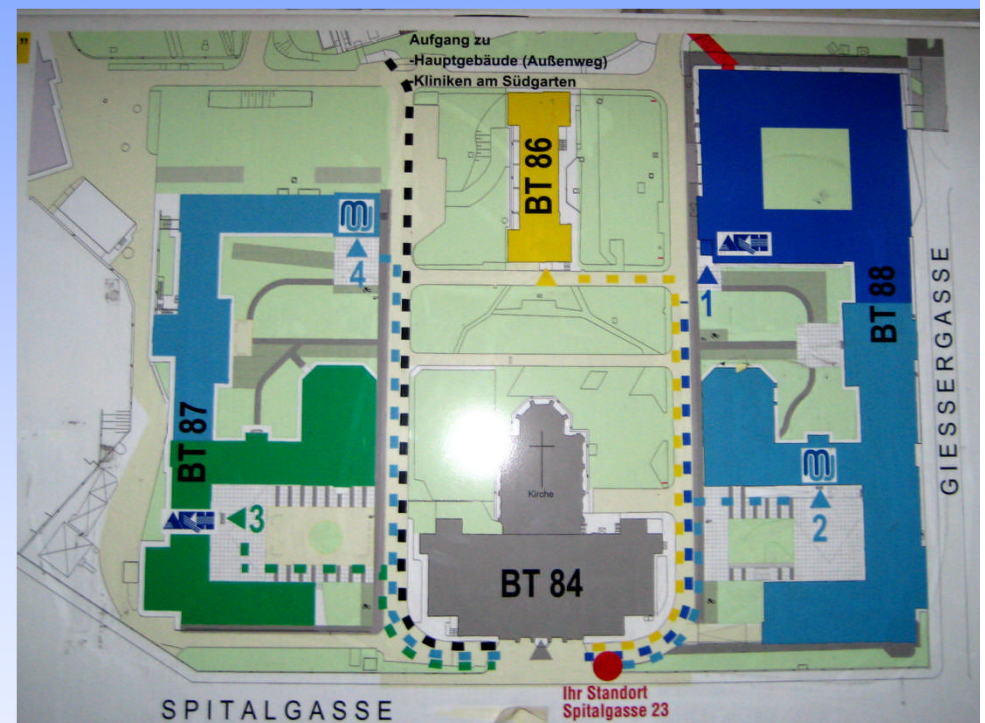


Presenter: Dimitrijević

Experimental Treatments for Spinal Cord Injury (cont'd.)

❑ Molecular Therapeutic Intervention:

- neuroprotective therapies;
- enhancing conduction;
- growth factors.
- cAMP or small GTPases; and
- Extracellular matrix modifiers.



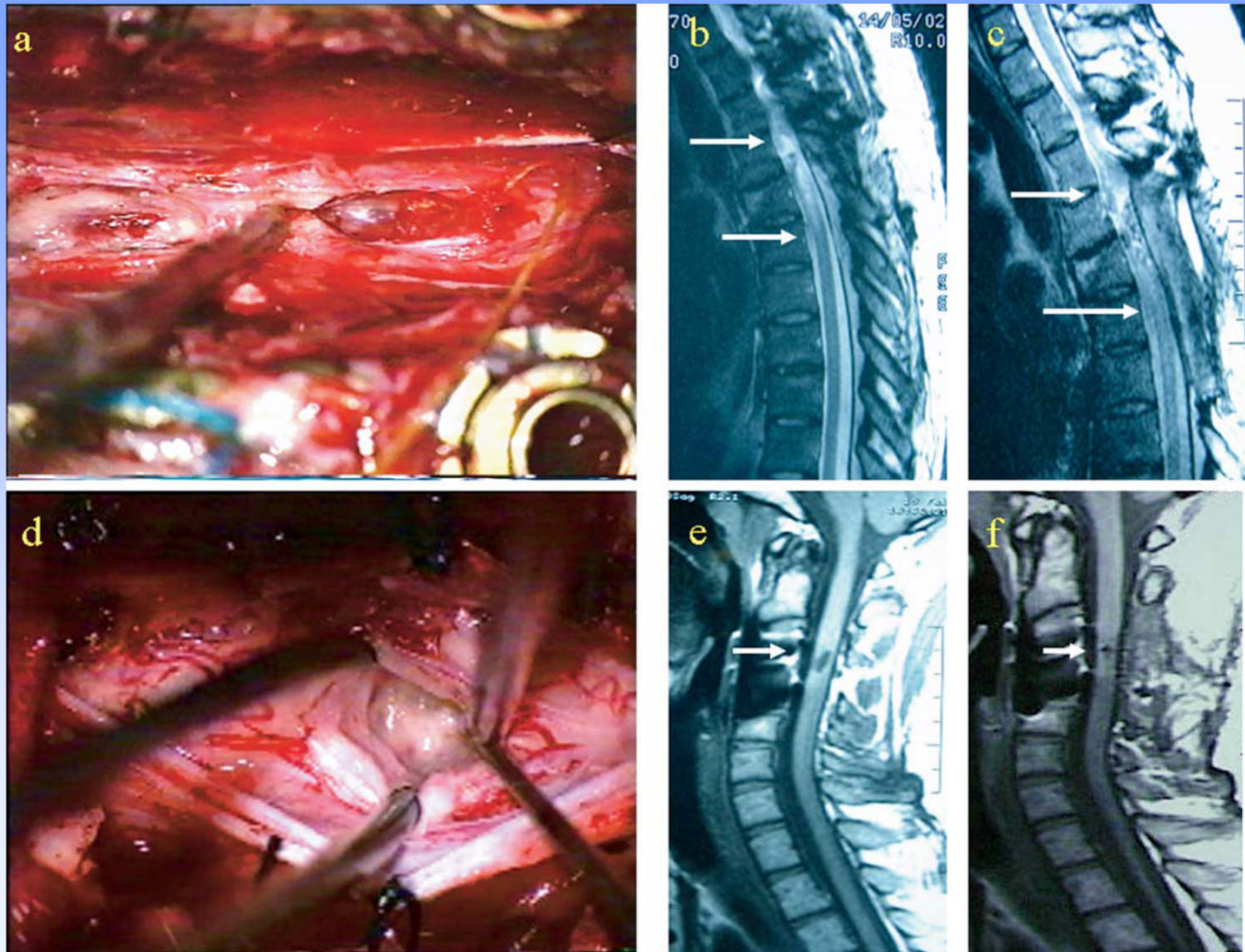
Presenter: Dimitrijević

Olfactory Mucosal Autografts and Overground Gait Training: a Combination Therapy for Human Chronic SCI Recovery



Presenter: Lima

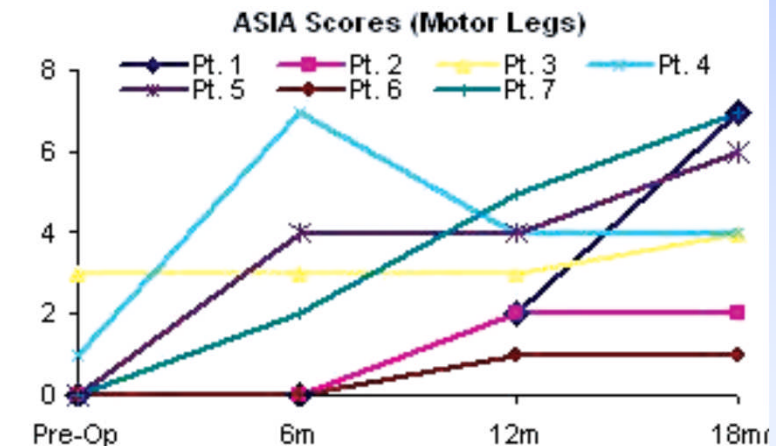
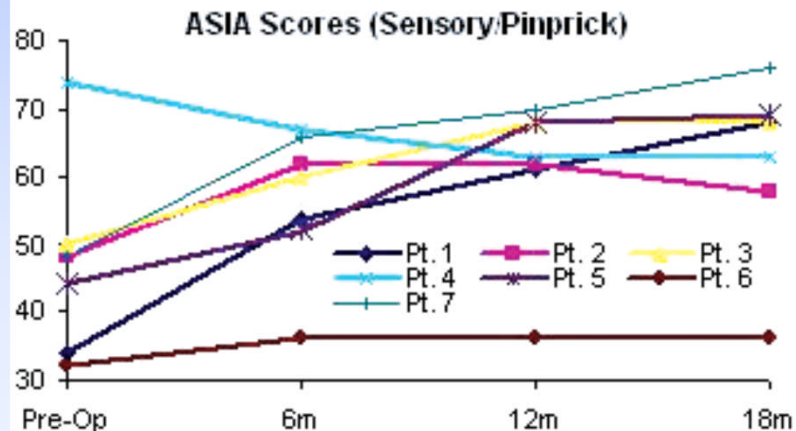
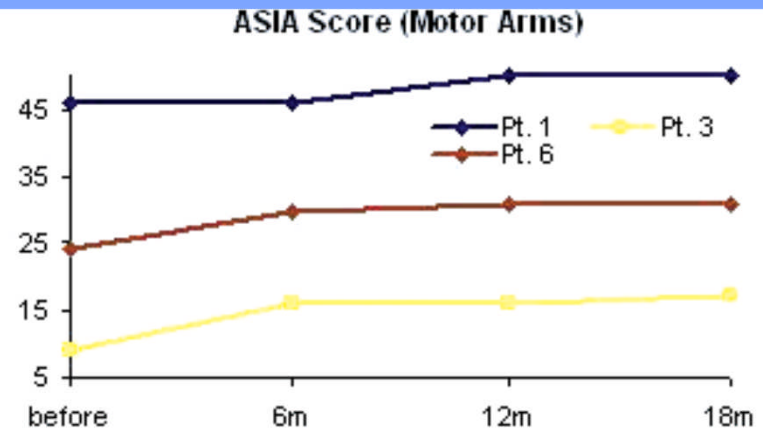
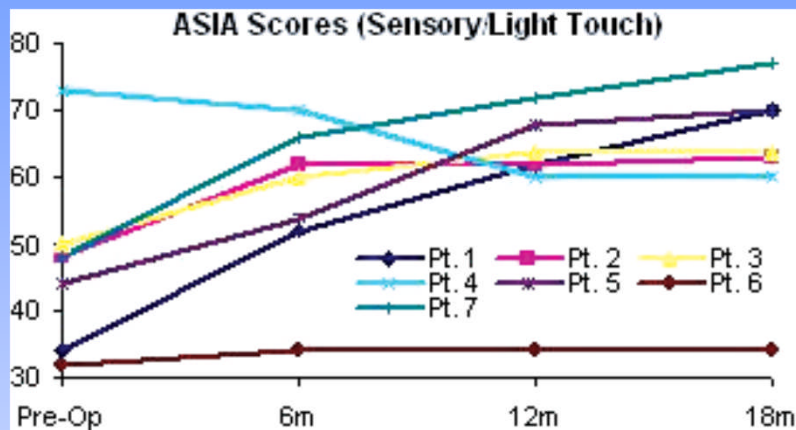
Carlos Lima: Olfactory Mucosa Autografts in Human Spinal Cord Injury: A Pilot Clinical Study



Presenter: Lima

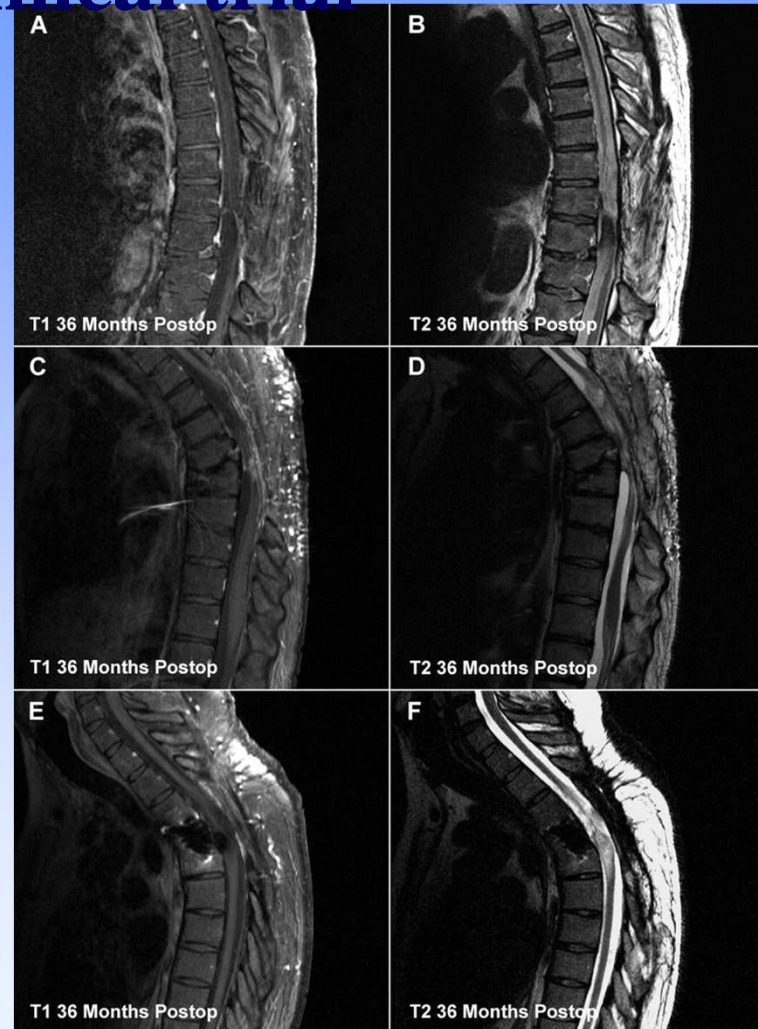
Lima et al.: *J Spinal Cord Med.* 2006

Lima: Early results: J SC Med: 2006



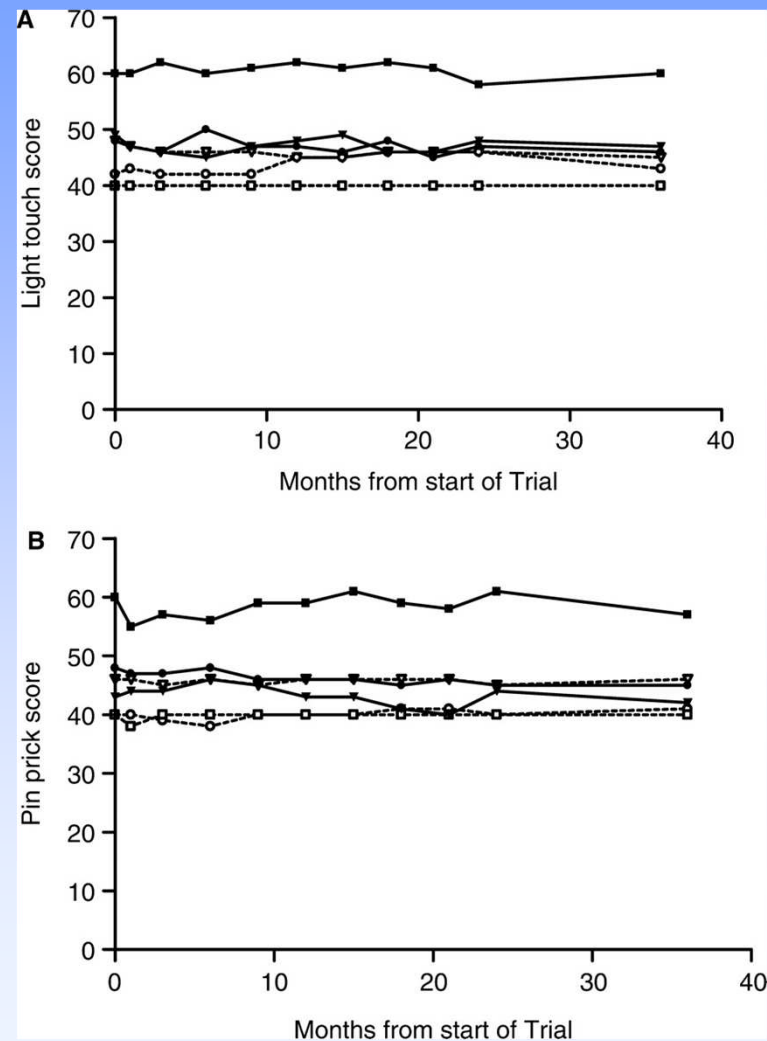
Mackay-Sim: Autologous olfactory ensheathing cell transplantation in human paraplegia: a 3 year clinical trial

- ❑ Sagittal MR imaging of patients at 36 months after olfactory ensheathing cell transplants
- ❑ Images from the three implanted subjects are shown in pairs, T1-weighted on the left, T2-weighted on the right



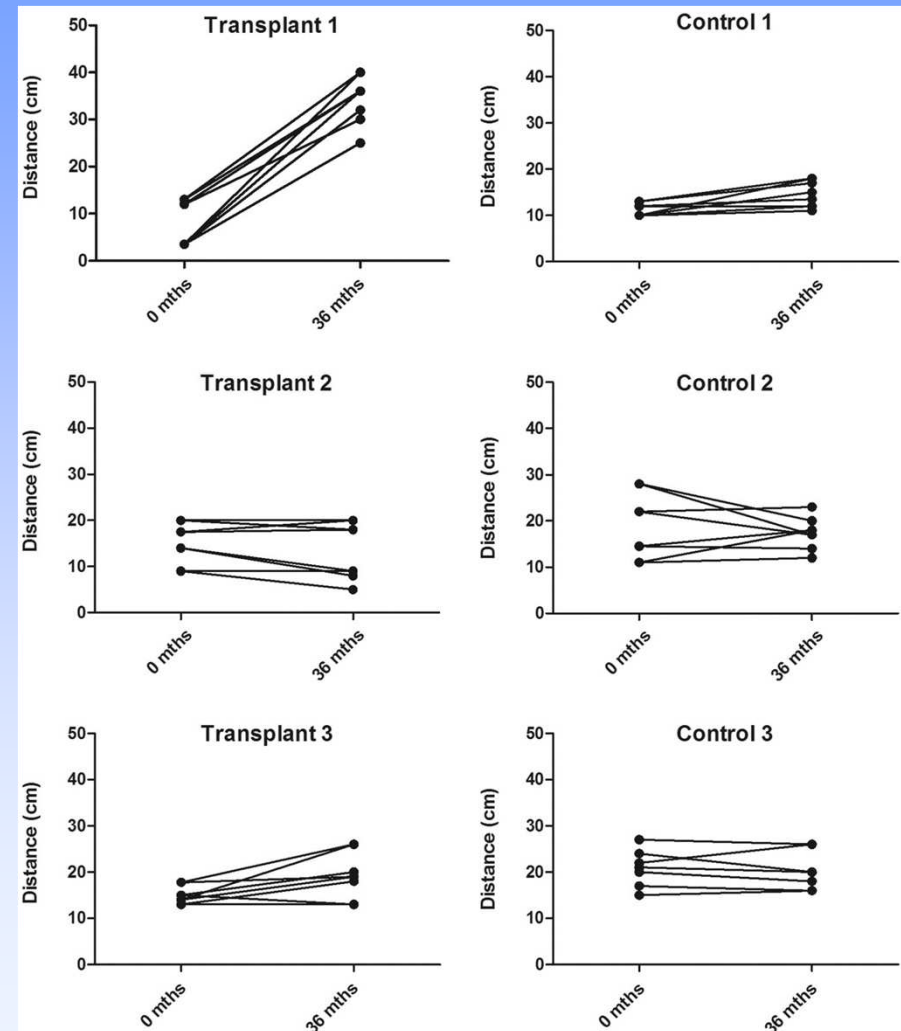
ASIA sensory scores during the period of the trial – A – light touch, B- pin prick

- Transplant recipients (closed symbols, lines), and
- Controls (open symbols, dotted lines).



Changes in light touch and pin prick sensitivity during the period [of] the trial

- ❑ Differences in location of sensitivity to light touch and pin prick, anteriorly and posteriorly (8 measurements per patient)
- ❑ At baseline and 3 years post implant



Hongyun Huang

- ❑ Long term follow-up results of fetal olfactory ensheathing cell (OEC) transplants for patients with chronic spinal cord injury
- ❑ 11/2001 to 12/2003, 300 patients (222 complete, 78 incomplete, 6 months – 31 years, avg. 3.1 years) received fetal OEC transplantation
- ❑ Injections into the SC at the upper and lower ends of the injury site..

Presenter: Huang

Case Report

Rapid recovery of segmental neurological function in a tetraplegic patient following transplantation of fetal olfactory bulb-derived cells

J Guest^{*,1,2,3}, LP Herrera² and T Qian^{2,3}

¹The Department of Neurological Surgery, University of Miami, Lois Pope LIFE Center, Miami, FL, USA;

²The Miami P

³The Miami V

The first and third authors of this case report acted as observers of this transplant series¹⁴ over a 12-day period and wrote this report. These authors systematically examined the patient prior to surgery, observed the operative procedure, and followed the patient clinically for 8 days post-operatively.

Presenter: Hwang

Keywords: spinal cord injury; cell transplantation; olfactory ensheathing glia; stem cells

Huang (cont.)

· 1488 ·

Chinese Medical Journal 2003; 116(10):1488-1491

Influence of patients' age on functional recovery after transplantation of olfactory ensheathing cells into injured spinal cord injury

HUANG Hongyun 黄红云, CHEN Lin 陈琳, WANG Hongmei 王洪美, XIU Bo 修波, LI Bingchen 李炳辰
WANG Rui 王锐, ZHANG Jian 张健, ZHANG Feng 张峰, GU Zheng 顾征, LI Ying 李荧
SONG Yinglun 宋英伦, HAO Wei 郝伟, PANG Shuyi 潘树义 and SUN Junzhao 孙君昭

Keywords: *cell transplantation · spinal cord injury · function recovery*

Objective To evaluate the restoration of function after spinal cord injury (SCI) in patients of different ages who have underwent intraspinal transplantation of olfactory ensheathing cells (OECs).

Methods One hundred and seventy-one SCI patients were included in this study. Of them, 139 were male and 32 were female, with age ranging from 2 to 64 years (mean, 34.9 years). In all SCI patients the lesions were injected at the time of operation with OECs. According to their ages, the patients were divided into 5 groups: ≤ 20 years group ($n=9$), 21–30 years group ($n=54$), 31–40 years group ($n=60$), 41–50 years group ($n=34$) and >51 years group ($n=14$). The spinal cord function was assessed on the American Spinal Injury Association (ASIA) Classification System before and 2–8 weeks after OECs transplantation. One-way ANOVA and t -test were used for

Presenter: Huang

commentary

POINT OF VIEW: DIRECTIONS FOR RESEARCH

Cellular Transplants in China: Observational Study from the Largest Human Experiment in Chronic Spinal Cord

Bruce H. Dol

Ne

Background. In China, fetal
transplanted into the lesic
patients with spinal cord i
reports have been the only
the procedure is safe and c
compare available reports t

Presenter: Hwang

Conclusions. The phenotype and the fate of the transplanted cells, described as olfactory ensheathing cells, are unknown. Perioperative morbidity and lack of functional benefit were identified as the most serious clinical shortcomings. The procedures observed did not attempt to meet international standards for either a safety or efficacy trial. In the absence of a valid clinical trials protocol, physicians should not recommend this procedure to patients.

Wise Young

- ❑ Collaborative Neuosciences and Biological Therapy of Spinal Cord Injured People”.



Presenter: Young

Planned ChinaSCINet Trials

- Phase 1 Intradural decompression of spinal cord. This trial assessed the safety and neurological effects of intradural exposure of the spinal cord after injury.
- Phase 1 Open-label Lithium. This trial assessed a 6-week course daily oral lithium treatment in 20 subjects with chronic SCI.
- Phase 2 Lithium vs Placebo. This double-blind trial will randomize 60 subjects with chronic SCI to 6-week oral lithium vs. placebo (start January 2008).
- Phase 2 Cord blood mononuclear cell (CBMC) \pm MP. This trial will evaluate safety and efficacy of HLA-matched CBMC transplants in 40 chronic SCI subjects randomized to methylprednisolone (MP) or placebo.
- Phase 3 HLA-matched CBMC transplants \pm Lithium. This trial will randomize 400 subjects that have received CBMC transplants to lithium or placebo.

Young: ChinaSCINet

ChinaSCINet Advantages

- Rapid clinical trials. Capacity to randomize as many as 3000 chronic and 3000 acute SCI patients per year.
- High standards. China SFDA and U.S. FDA registration of clinical trials, fulfilling international GCP criteria.
- Experience. Chinese spinal surgeons have more cell transplantation experience than any others.
- Low costs. Estimated \$22,000 per subject for cell transplant, surgery, hospitalization, and rehabilitation.
- Rigorous. The trials are the first randomized controlled trials to assess safety and efficacy of individual and combination cell transplants and drug therapies.

Presenter: Young

Young: Intradural decompression

Discussion

- ❖ Intradural decompression rapidly improves function and walking in patients with severe spinal cord injury (ASIA A).
 - ❖ At 17 days after surgery, 40% had converted from A to B, C, or D, while 17% were able to walk without assistance.
 - ❖ After 3 months of rehabilitation, 47% had converted from A to B, C, or D; 20% to D; 60% walked without assistance and 17% without device.
- ❖ We had hypothesized that earlier surgery would be more beneficial. Our data did not support this hypothesis.
- ❖ The KLS is a reliable indicator of motor recovery.

Presenter: Young

***Nogo Inhibition
to Enhance
Regeneration
and Functional
Recovery in SCI***



Nogo inhibition to enhance regeneration and functional recovery in SCI

Martin E. Schwab, Brain Research Institute, University and ETH Zürich

The composite image displays four panels related to the research. From left to right: a histological section of a spinal cord showing cellular structure; a fluorescence micrograph of a spinal cord section with a highlighted area; a schematic diagram of a spinal cord cross-section with a dashed box indicating a lesion site; and a photograph of a person in a laboratory setting using a robotic device.

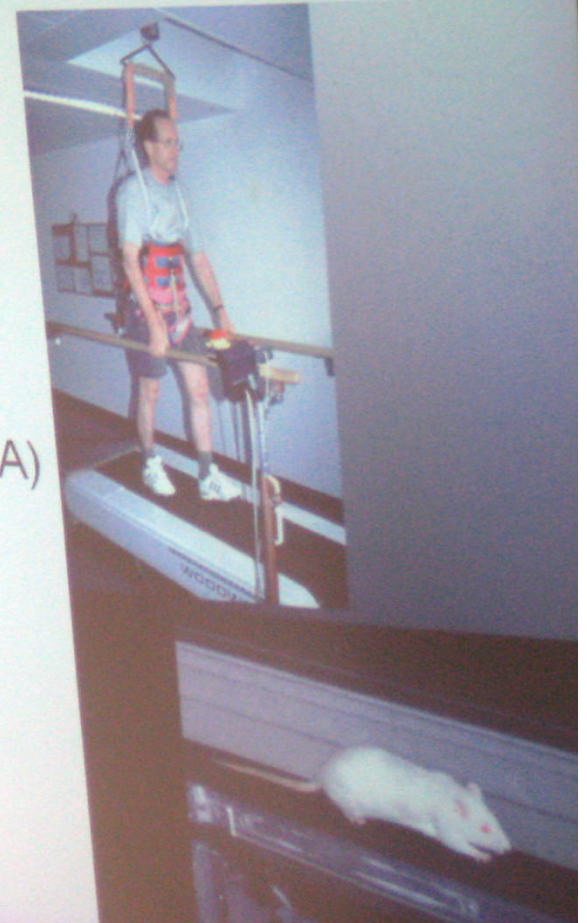
Start 2008 Wien Summer schoo... CORP NV 2008-10-04 PowerPoint Slide ...

Presenter: Schwab

Novartis trial

Clinical trial for anti-Nogo-A antibodies in acute paraplegia:

- Acute SCI patients, treatment start at 10-14 days after injury (stable, reliable diagnosis!)
- Phase 1: Safety, PK, dosage: **successful** so far (20 patients, ASIA A)
- Currently: transition to Phase 2 for efficacy/POC in man



Autologous cellular therapy in SCI: lessons learned from the multicenter macrophage trial



SCI Trial Pragmatics: Key Issues

- ❖ Adequacy of Pre-clinical evidence foundation
- ❖ Adequacy of prior clinical evidence foundation
- ❖ Cell Therapy: design of delivery scheme (device, dose, targeting, scale-up calculations from pre-clinical work)
- ❖ Careful choice of I/E criteria
- ❖ Careful choice of Outcome Measures
- ❖ Powering calculations—can sufficient numbers be recruited? Realistic projections of the Funnel Effect

El Masri

- ☐ SCI is only catastrophic when poorly managed
- ☐ Surgical intervention not necessary
- ☐ We need more monitoring – especially first 4 hours post injury



Kakulas, El Masry, Dimitrijević

Presenter: El Masri

Algorithm for restoration of function:

☐ Highest quality clinical care

- Acute - conservative/intervention?
- Subacute - conservative/intervention?
- Chronic - conservative/intervention?

☐ Interventions

- Timing: acute/subacute/chronic
- Target:
 - Above/at/below the lesion
 - Long tract, cell body, myelin, synapse, environment
- Nature: biological/chemical/E.S./activity



Algorithm (cont'd.):

☐ Rehabilitation

- Timing
- Type
- Intensity

☐ Assessment

- Nature: clinical/functional/electrophysiological
- Timing: baseline/repetitions/feasibility/cost



Thank you!

