

# **Neuromodulation to restore motor function**

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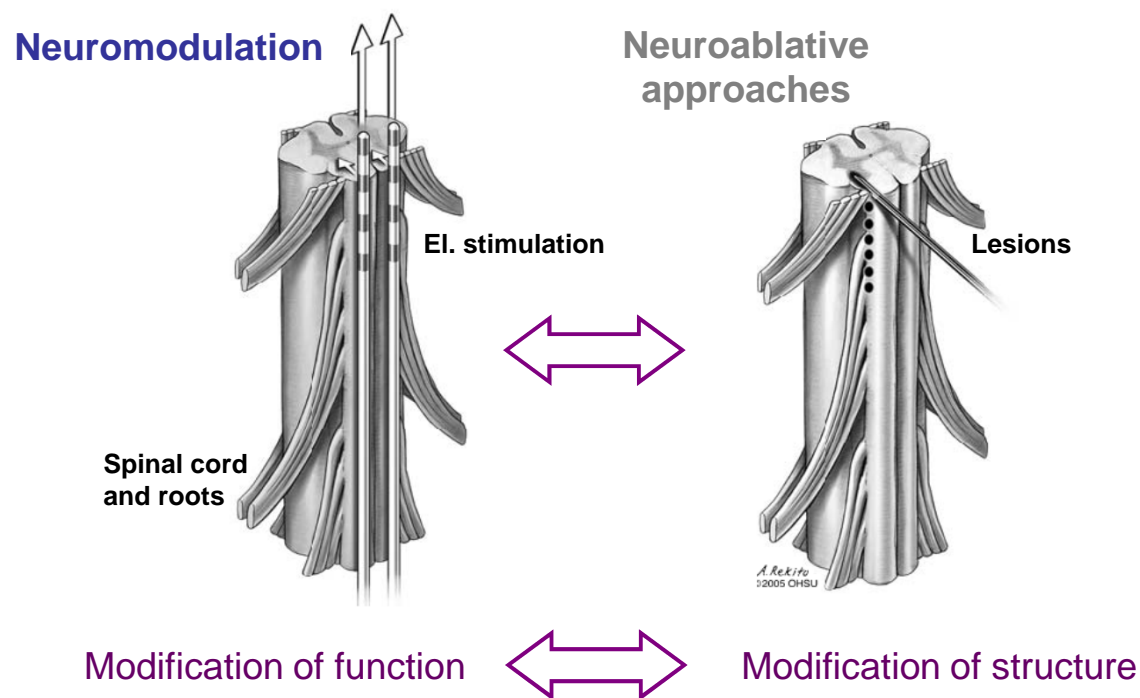
Institute of Analysis and Scientific Computing, Vienna University of Technology, Vienna, Austria

Spinal Cord Injury Lab, Crawford Research Institute, Shepherd Center, Atlanta, GA, USA

# Neuromodulation

The therapeutic paradigm is the modulation of CNS activity

Neuromodulation is non-destructive, reversible, and adjustable



# The field of neuromodulation

## Brain

Deep brain stimulation (DBS)

## Cranial nerves

Vagus nerve stimulation (VNS)

## Spinal cord

el. spinal cord stimulation (SCS)

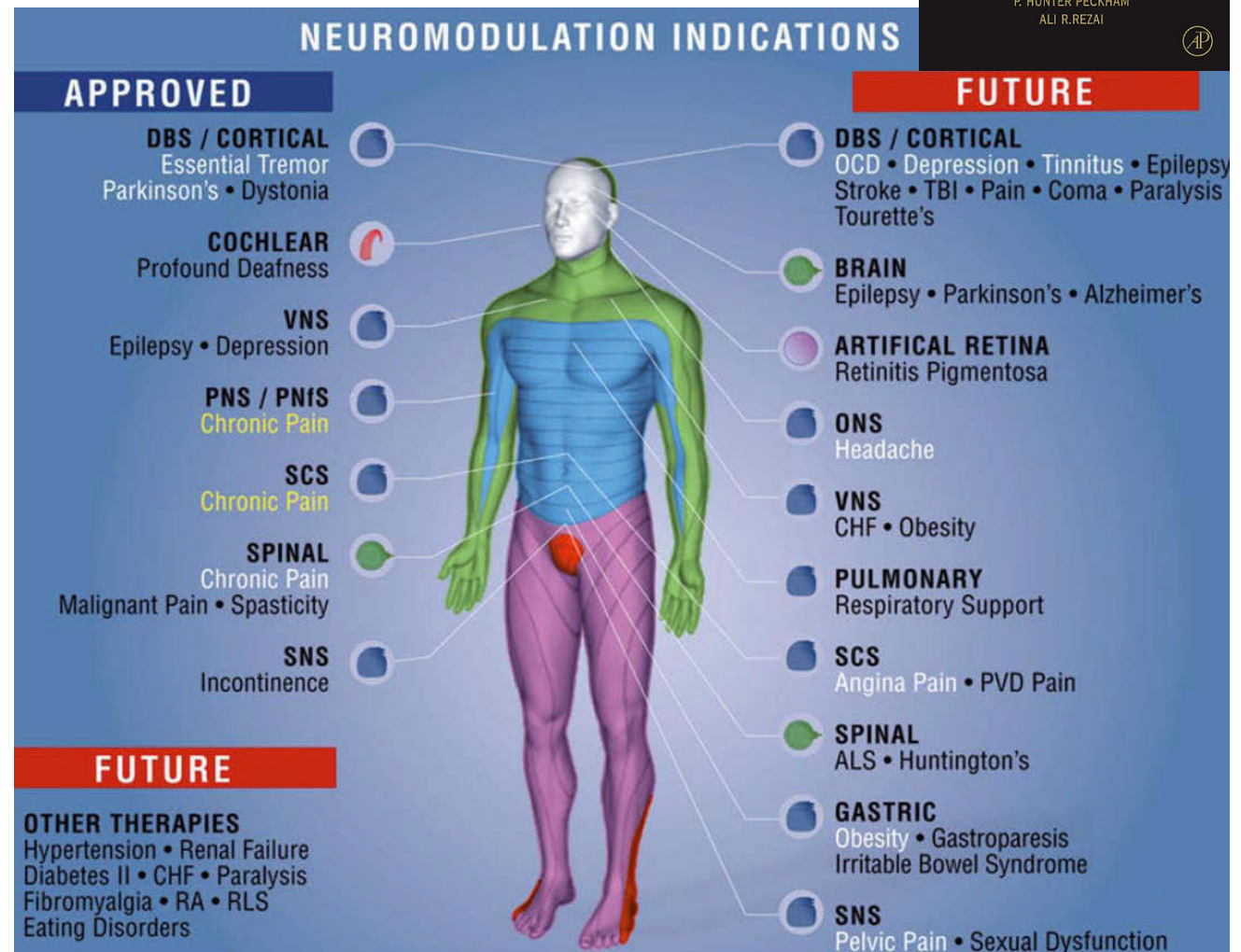
Implantable drug pumps

## Spinal nerves

Sacral nerve stimulation (SN)

## Peripheral nerves

Peripheral nerve stimulation (PNS)



From: Krames et al. Neuromodulation. London: Elsevier-Academic Press 2009:3-8.

# Focus of the presentation

Spinal cord stimulation for

the treatment of spinal spasticity and  
modification of altered motor control due to

multiple sclerosis and  
spinal cord injury

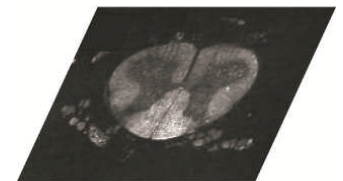


Dependence of the stimulation-induced effects on

Stimulation site, stimulation frequency

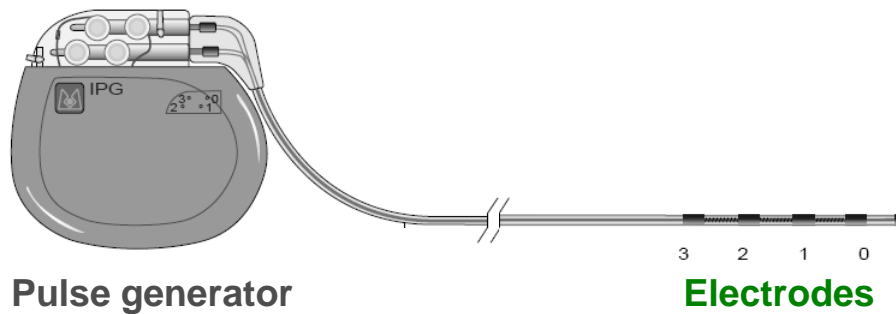
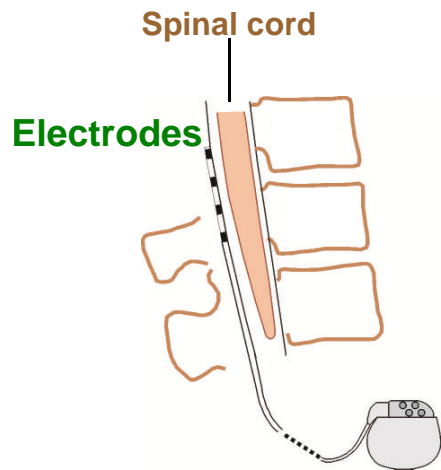
Profile of the spinal cord physiology as a result of the lesion

Residual  
motor control



SCS-input

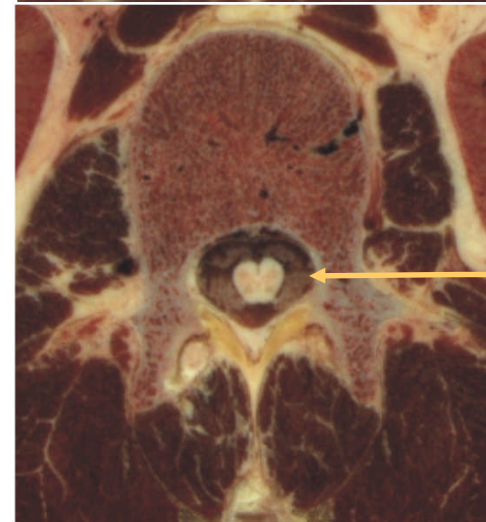
# Epidural spinal cord stimulation



continuous stimulation



Posterior roots  
Electrode location

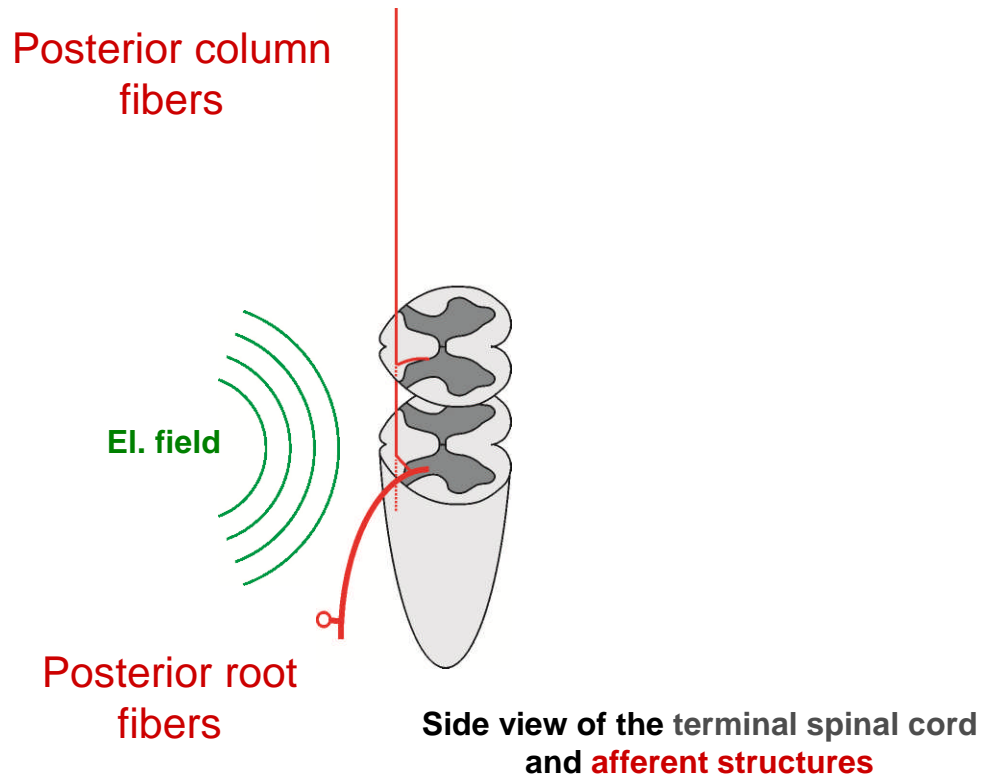


Spinal cord

Cross-section at T12 vertebral level

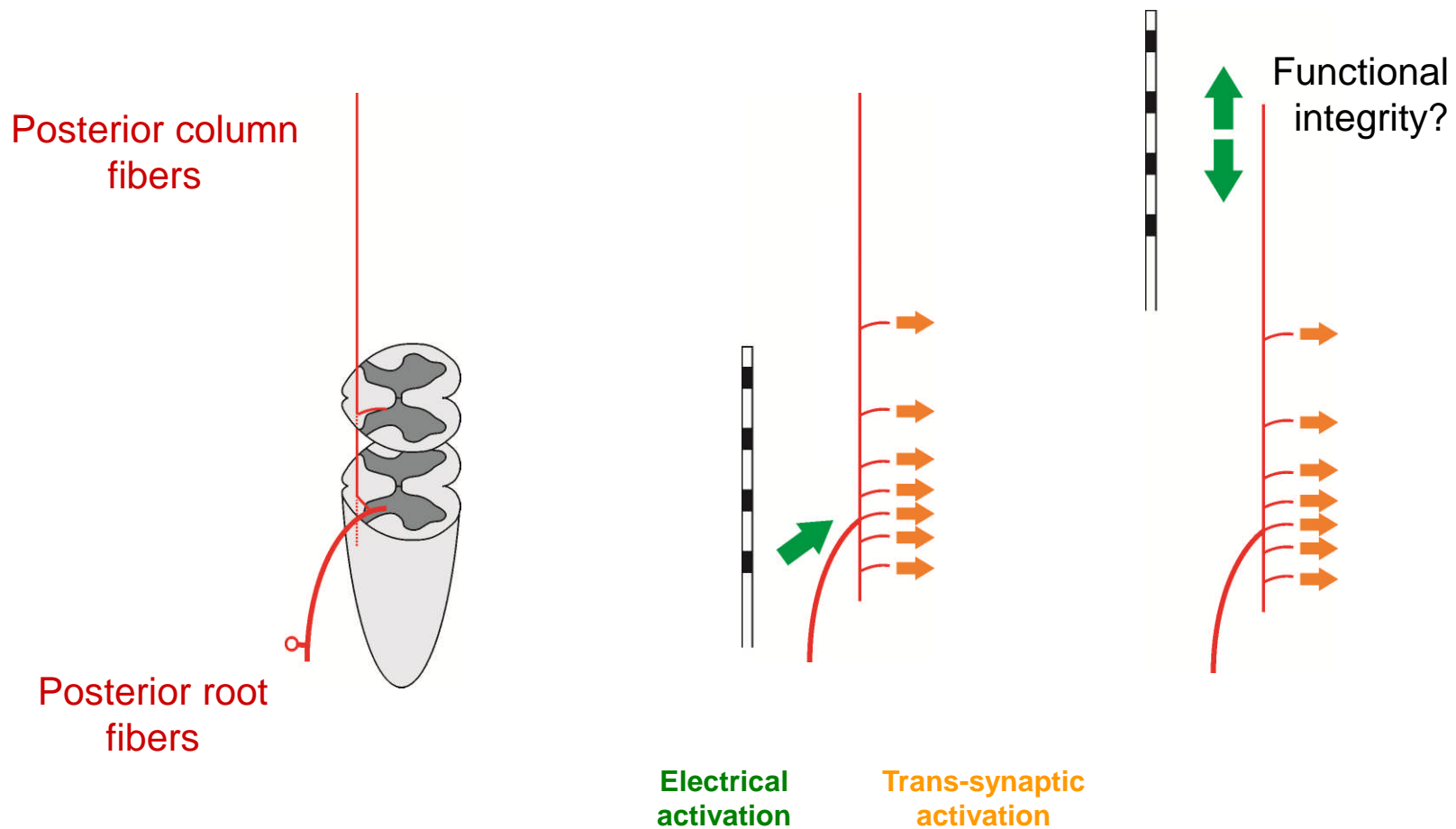
# Epidural spinal cord stimulation

## Immediate effects(1)



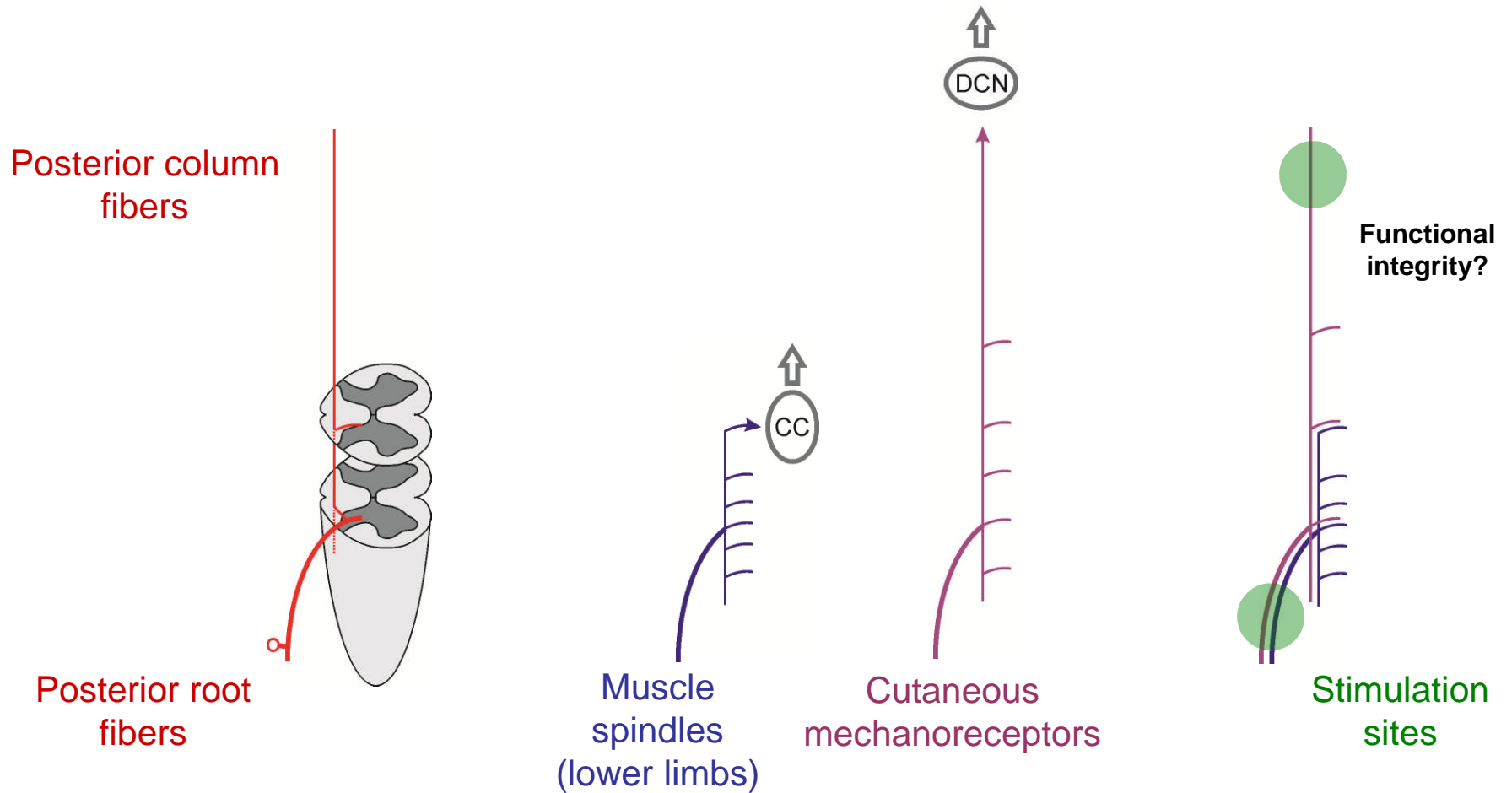
# Epidural spinal cord stimulation

## Immediate effects(2)



# Epidural spinal cord stimulation

## Immediate effects(3)



CC... Clarke's column; DCN... Dorsal column nuclei



# Epidural SCS in multiple sclerosis

## **Chronic Dorsal Column Stimulation in Multiple Sclerosis**

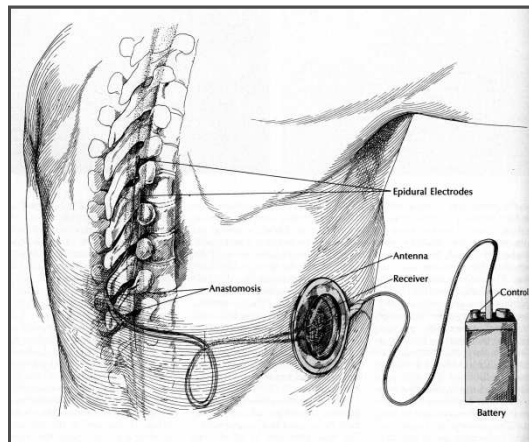
Preliminary report

**ALBERT W. COOK, M.D.<sup>a</sup>**

Brooklyn, New York

**STANLEY P. WEINSTEIN, M.D.<sup>b</sup>**

Brooklyn, New York



- 5 subjects with MS
- subdural, extra-arachnoid space over mid-thoracic spinal cord
- stimulation frequency: 150 – 200 Hz

Cook AW, Weinstein SP. N Y State J Med 1973;73:2868–72.

- ‘Lightness’ of the legs, less fatigue, more endurance
- Improvement of limb spasticity
- Regain of voluntary control
- Facilitation of sitting, standing and ambulation
- Increased functional activities of daily living

- more than other 70 with MS
- epidural space over mid- thoracic cord
- stimulation frequency: 30 – 50 Hz

Cook AW. Hosp Pract 1976;11:51–8.

# Epidural SCS in multiple sclerosis

## Selected reports

Study	# of subjects	Improvements of lower limb function	Stim. site (vertebral)	Stimulation frequency
Illis et al. 1980	18	feeling of lightness of the legs increased endurance stand and walk more easily regained unaided walking capability	C6-T10	33 Hz
Siegfried et al. 1981	111	improvement of walking capabilities regained unaided walking reduced spasticity	low cerv. to mid-thoracic	100-120 Hz
Waltz, 1998	130	improved weakness with positive impact on gait spasticity was abolished or significantly decreased	C2-C4	100-1500 Hz

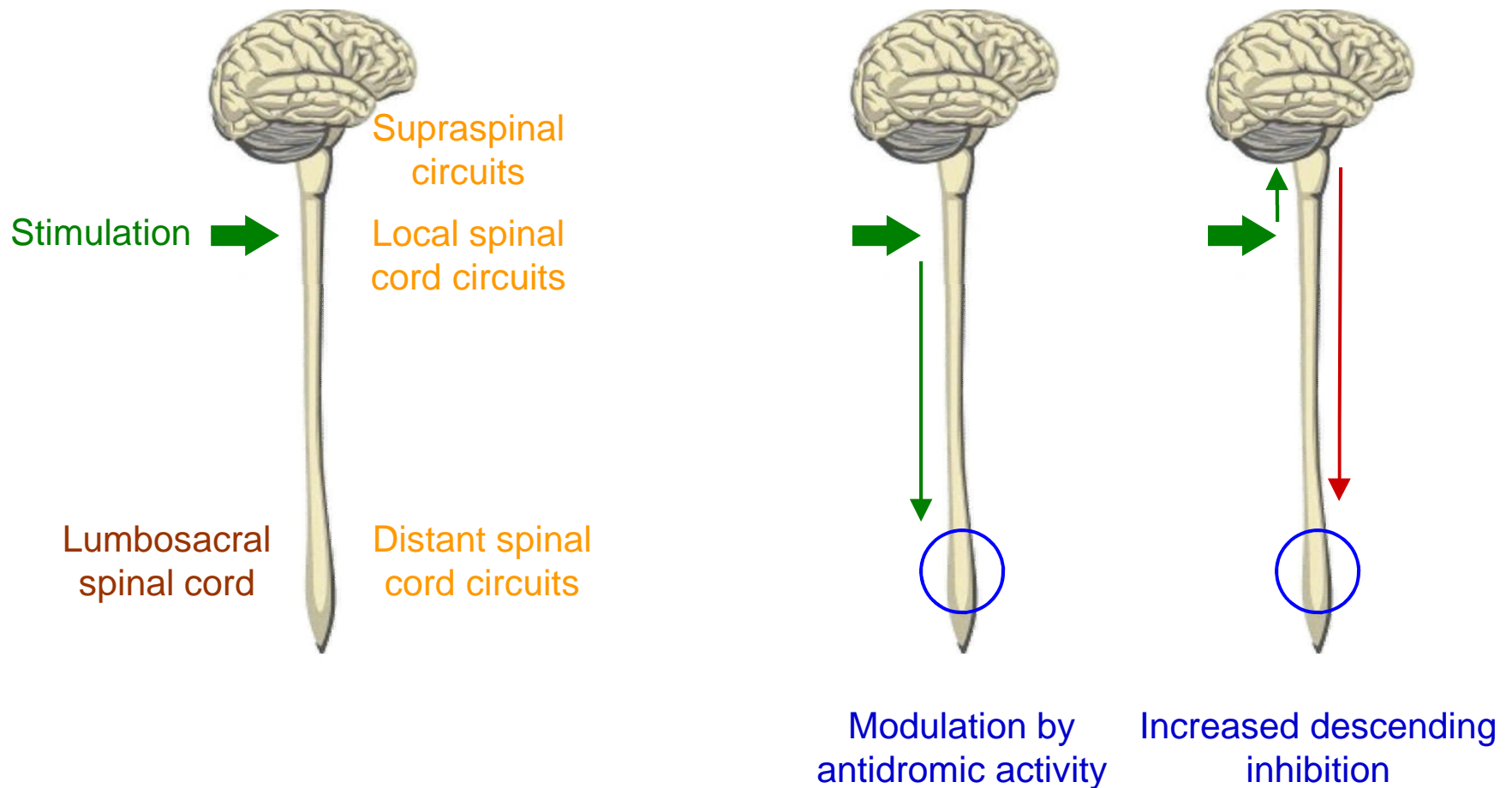
# Epidural SCS in multiple sclerosis

## Selected reports

Study	# of subjects	Improvements of lower limb function	Stim. site (vertebral)	Stimulation frequency	Benefit in % of subjects
Illis et al. 1980	18	feeling of lightness of the legs increased endurance stand and walk more easily regained unaided walking capability	C6-T10	33 Hz	28%
Siegfried et al. 1981	111	improvement of walking capabilities regained unaided walking reduced spasticity	low cerv. to mid-thoracic	100-120 Hz	33%
Waltz, 1998	130	improved weakness with positive impact on gait spasticity was abolished or significantly decreased	C2-C4	100-1500 Hz	33% 58%

# Epidural SCS in multiple sclerosis

## Physiological mechanisms of SCS in MS (lower limb function)

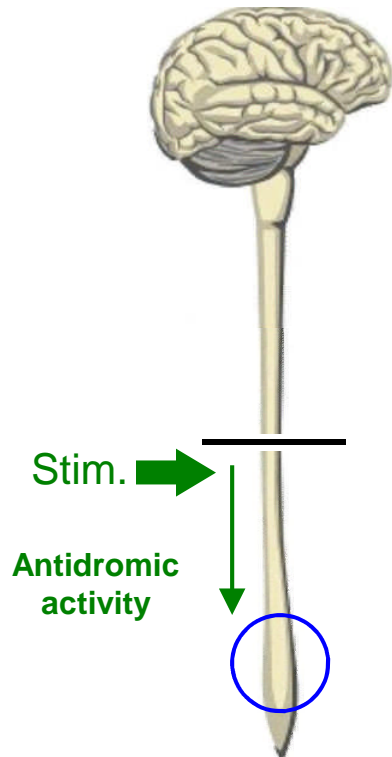


# Epidural SCS for spasticity control after SCI

## Profile of injury and efficacy of SCS

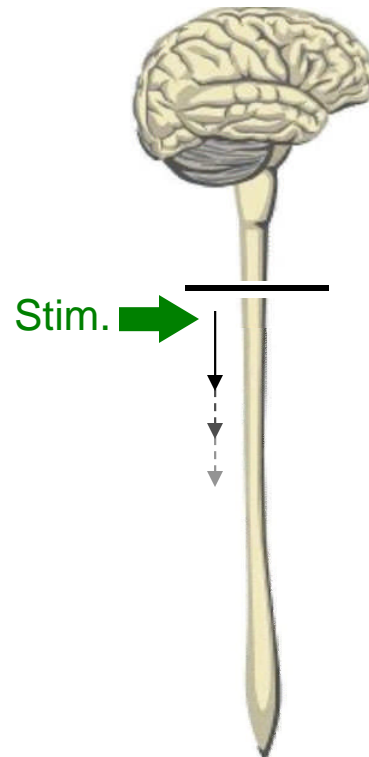
Dimitrijevic et al. Cent Nerv Syst Trauma. 1986;3:129-44

### Complete thoracic SCI



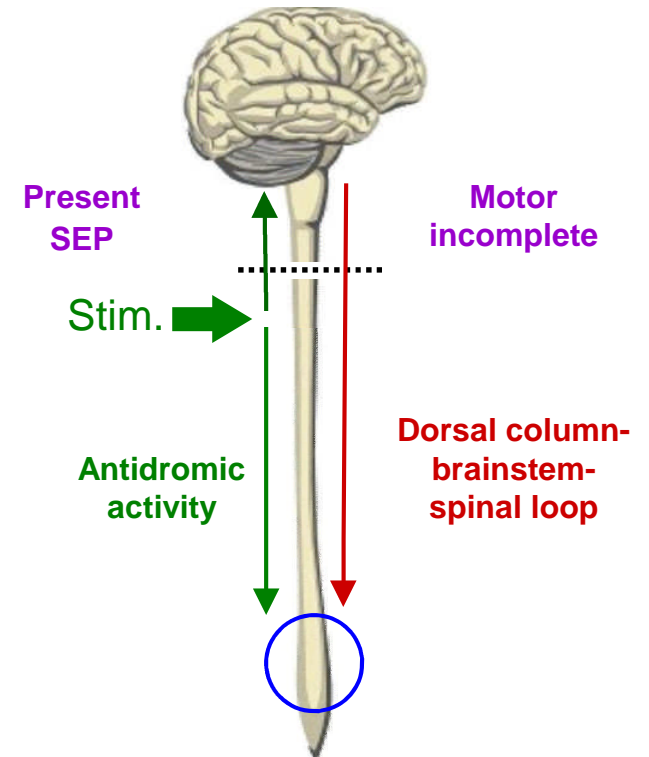
Modulation of segmental mechanisms of spasticity

### Complete cervical SCI



No benefit/  
poor candidates for SCS

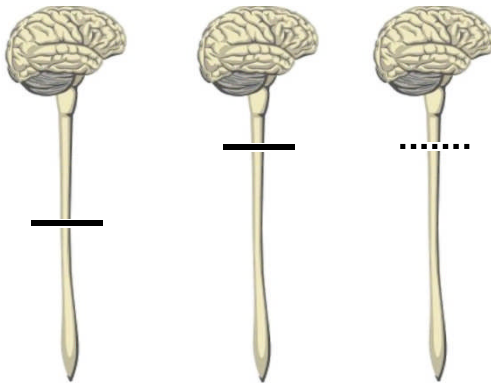
### Incomplete cervical SCI



Modulation of segmental mechanisms of spasticity

# Epidural SCS for spasticity control after SCI

## Profile of injury and efficacy of SCS



*“...The great variety of pathologic conditions in chronic spinal cord lesions will determine whether or not SCS is effective. ...”*

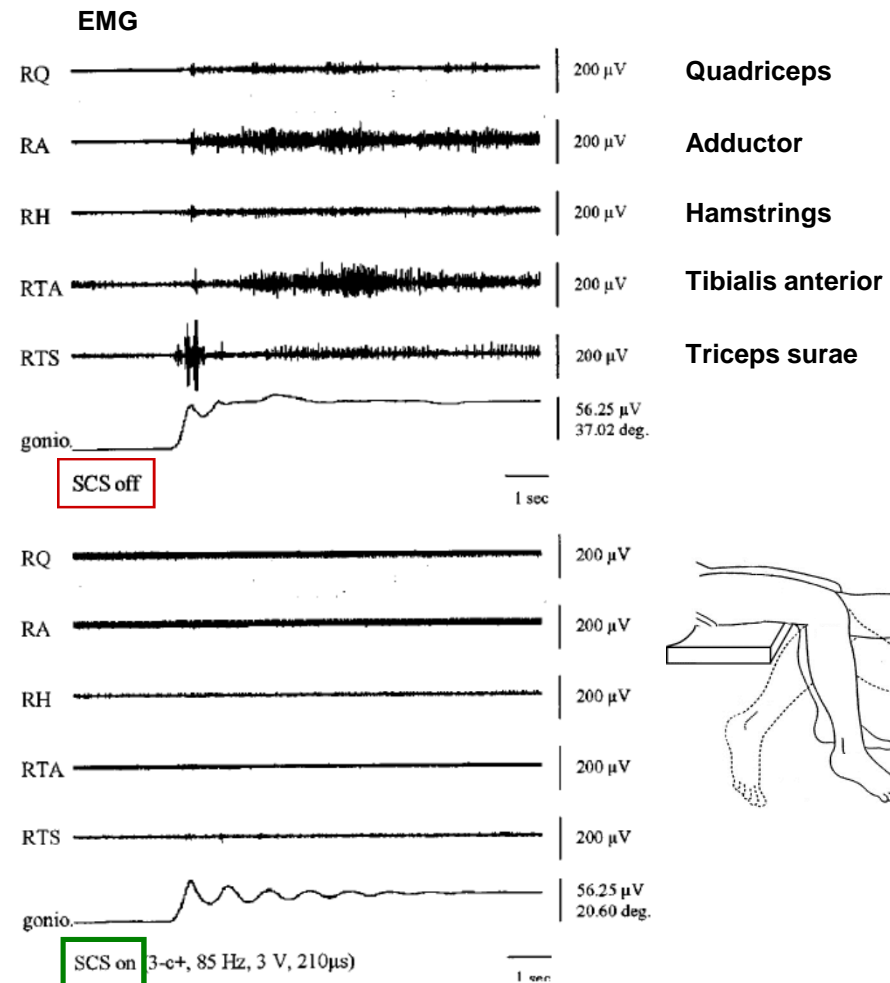
*“... Placement of the electrode is the most critical part of the procedure ...”*

# Epidural stimulation of lumbar cord circuits for spasticity control after SCI (1)

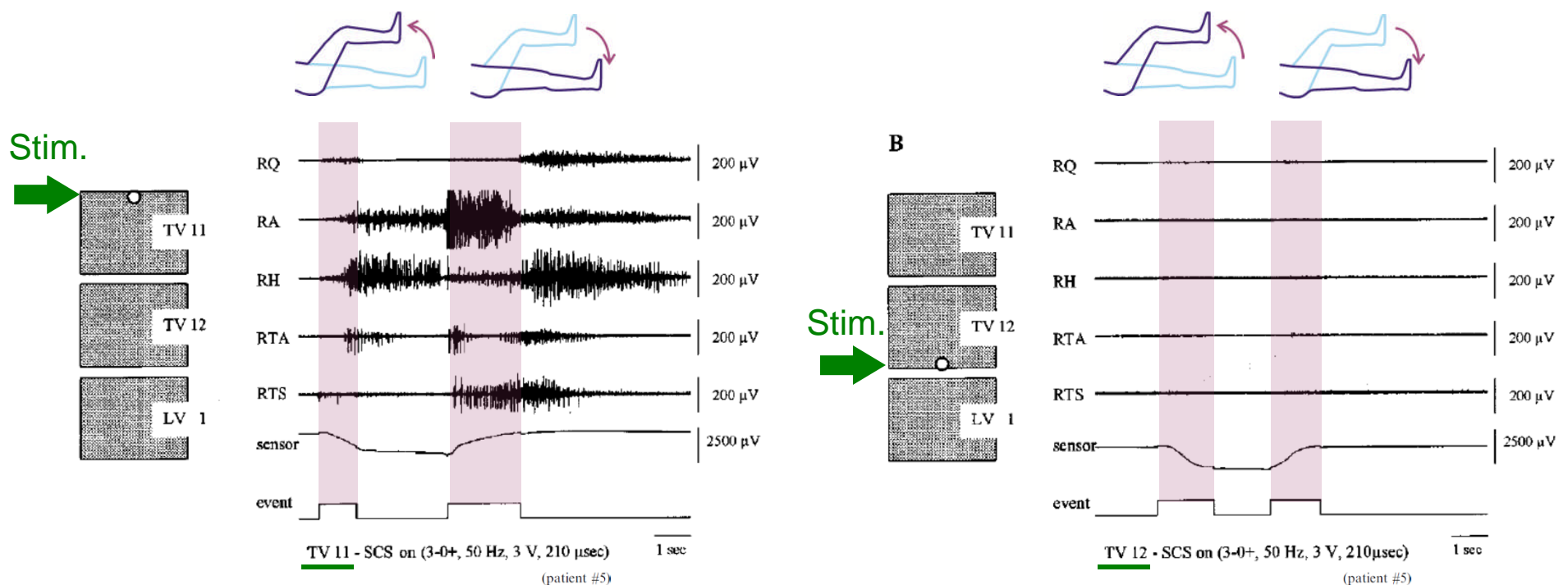
8 Subjects:  
7 motor complete,  
1 ASIA C

Traumatic SCI  
C5 to T 6

50 – 100 Hz → Lumbar spinal cord  
Lumbar posterior roots

# Epidural stimulation of lumbar cord circuits for spasticity control after SCI (2)



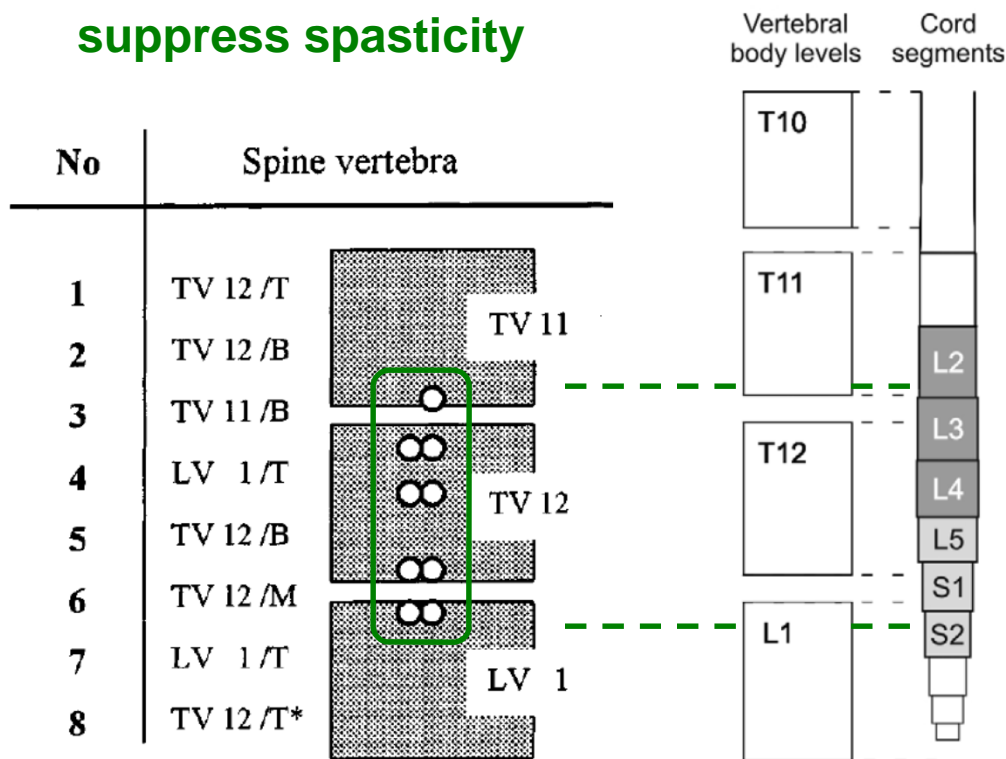
Q, Quadriceps; A, Adductor; H, Hamstrings;

TA, Tibialis anterior; TS, Triceps surae



# Epidural stimulation of lumbar cord circuits for spasticity control after SCI (3)

## Electrode sites effective to suppress spasticity



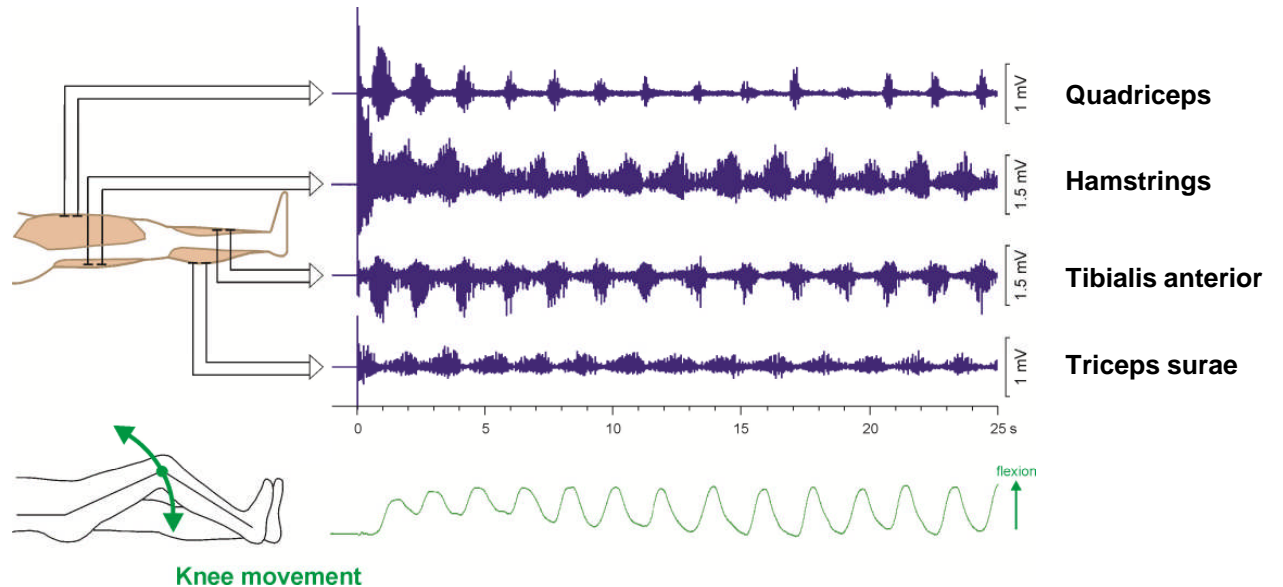
From: Pinter et al. Spinal Cord. 2000;38:524-31.

Minassian et al. Hum Mov Sci. 2007; 26:275-95

# Epidural lumbar SCS generates rhythmic activity

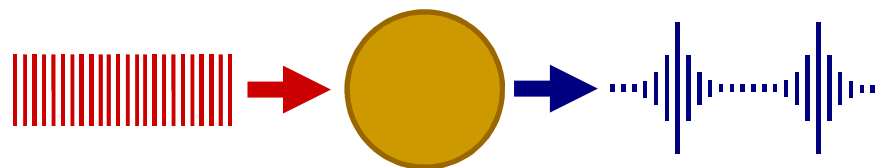
Continuous stimulation at 25 – 50 Hz

Complete SCI subject



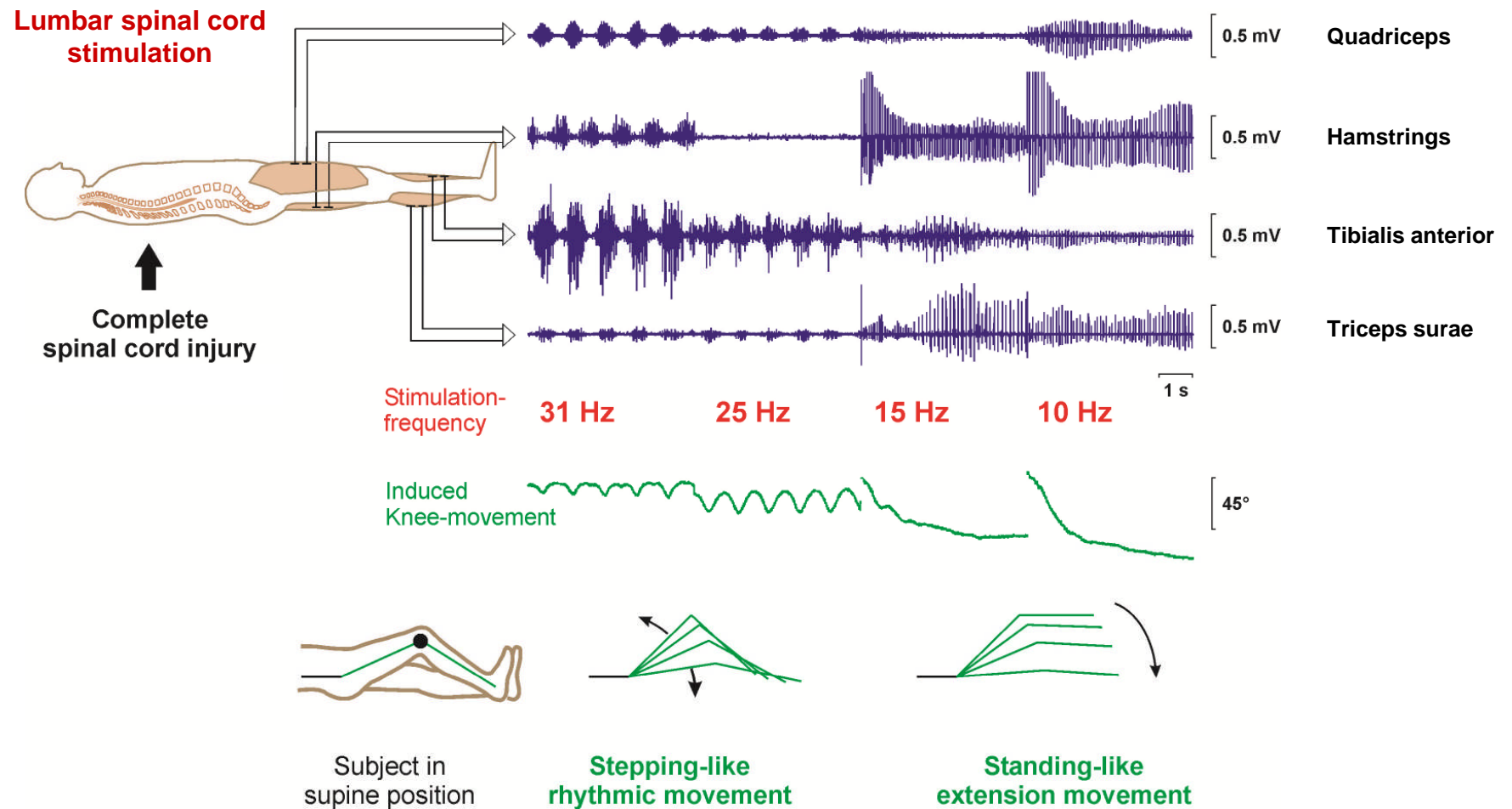
Non-patterend input

Patterned output



Human lumbar  
pattern generator

# SCS-frequency dependence of generated motor patterns



# Potential for clinical applications

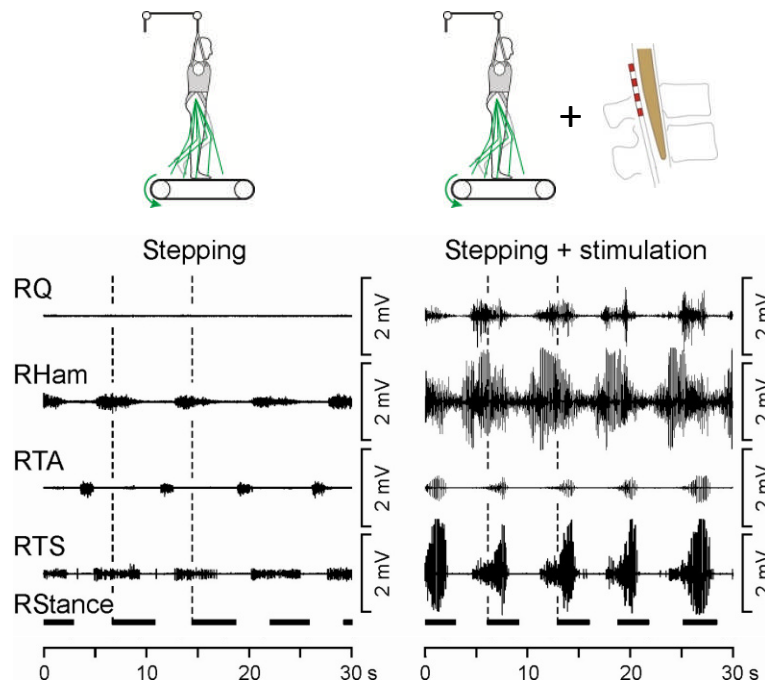


V. Reggie Edgerton



Susan Harkema

## Vienna



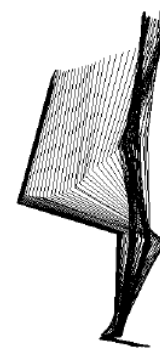
Increased step-cycle synchronized rhythmic activities

## 30-Hz SCS

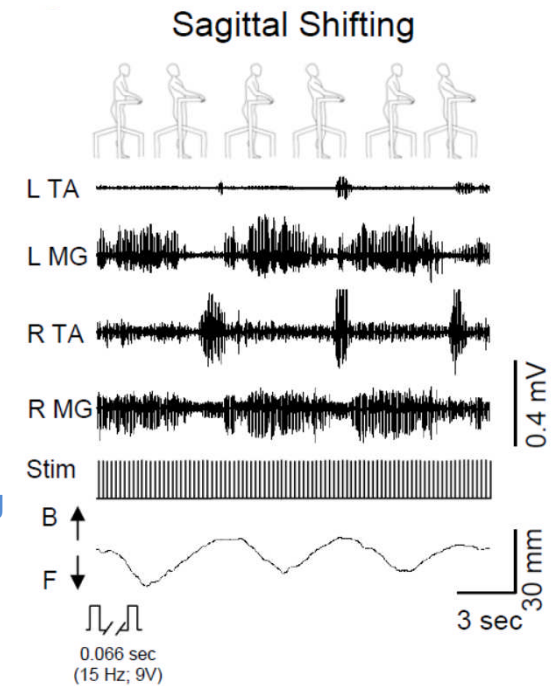
Q...quadriceps, Ham...hamstrings, TA...tibialis anterior, TS...triceps surae

Minassian et al. Biocyber Biomed Eng 2005;25:11–29.

## Los Angeles, Louisville



Standing up and full weight-bearing standing



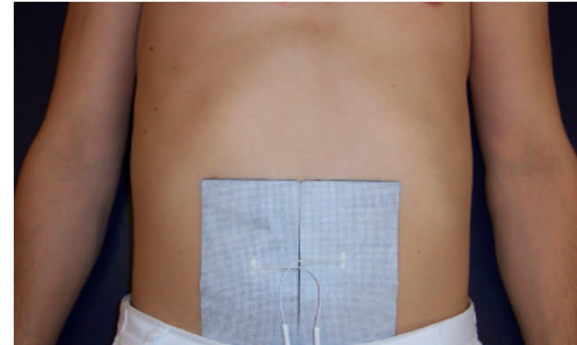
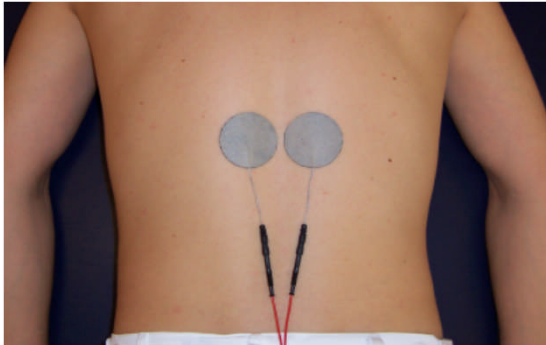
'Compensations' of shifted centre of gravity

## 15-Hz SCS

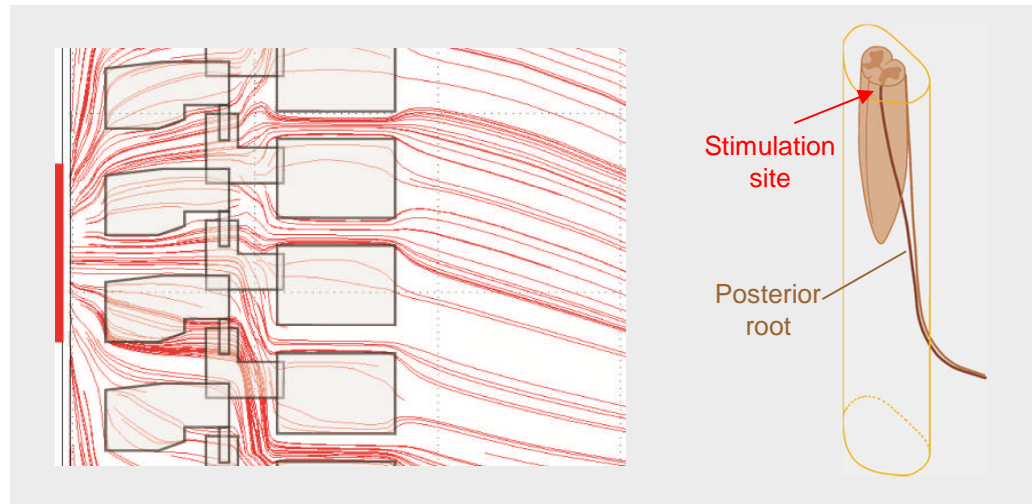
TA...tibialis anterior, MG...medial gastrocnemius

Harkema et al. Lancet 2011;377:1938–47.

# Transcutaneous lumbar spinal cord stimulation



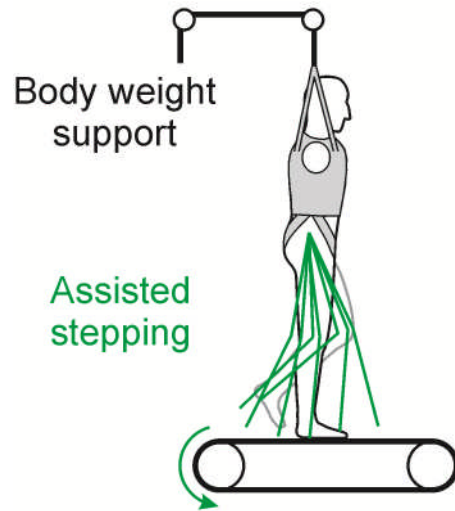
Minassian et al. Muscle Nerve. 2007;35:327-36.  
Hofstoetter et al. Artif Organs. 2008;32:644-8.



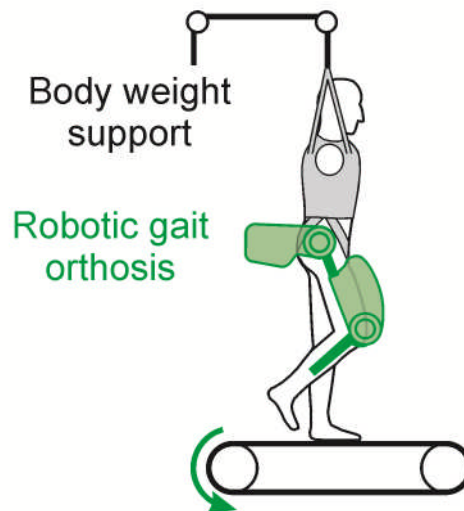
Ladenbauer et al. IEEE Trans Neural Syst Rehabil Eng. 2010;18:637-45; Danner et al. Artif Organs. 2011;35:257-62.

# Assisted treadmill stepping + transcutaneous SCS

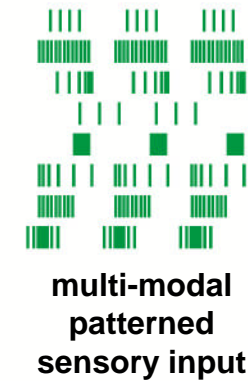
## Vienna



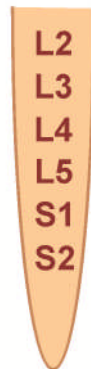
## Atlanta



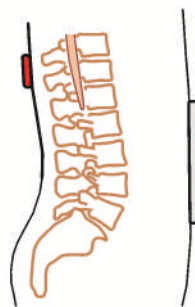
## Afferent input Spinal cord



## tonic input

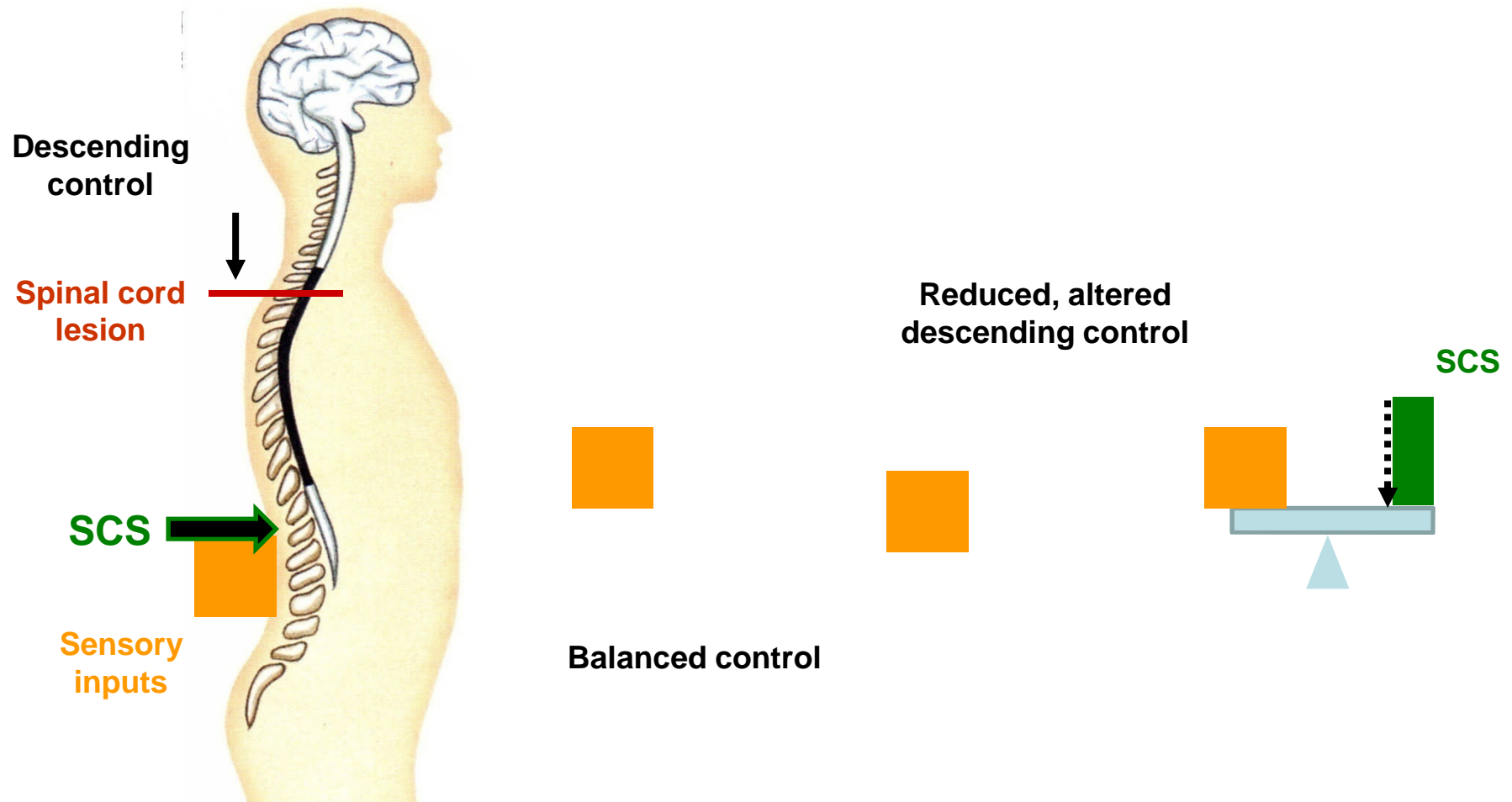


Transcutaneous spinal cord stimulation



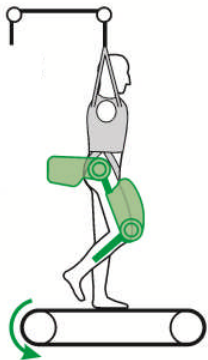


# Concept of Restorative Neurology – to augment surviving CNS capabilities

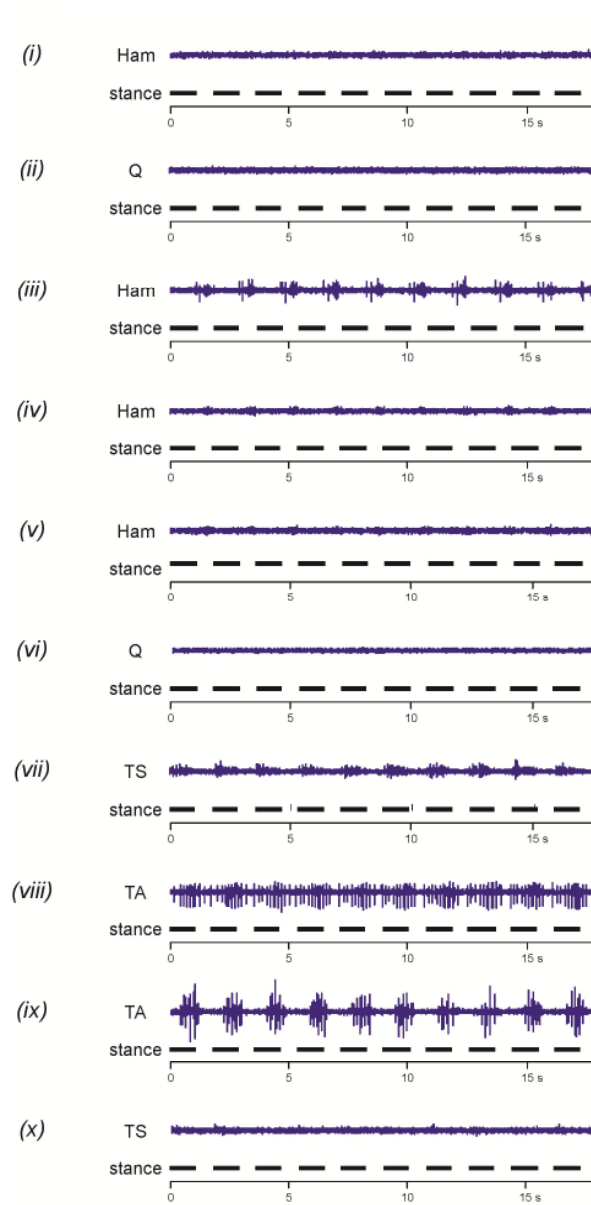




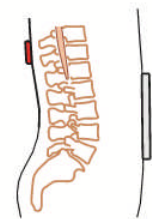
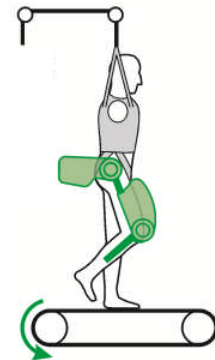
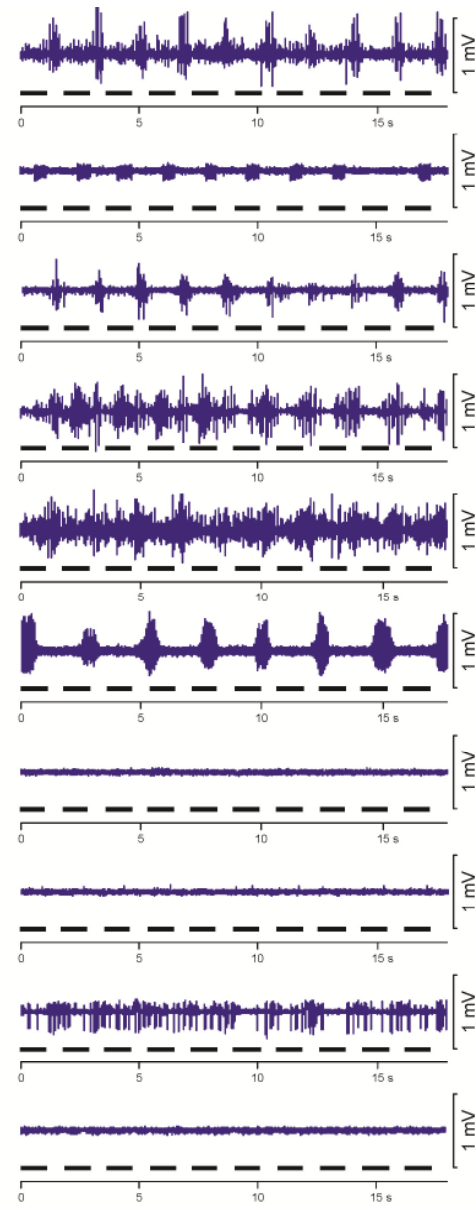




Robotic-assisted treadmill stepping

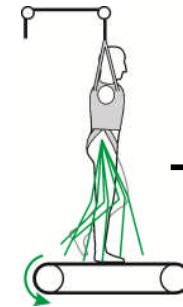
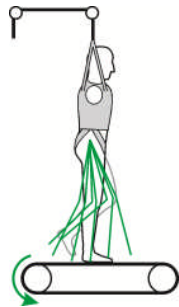


Robotic-assisted treadmill stepping  
with 30-Hz transcutaneous SCS

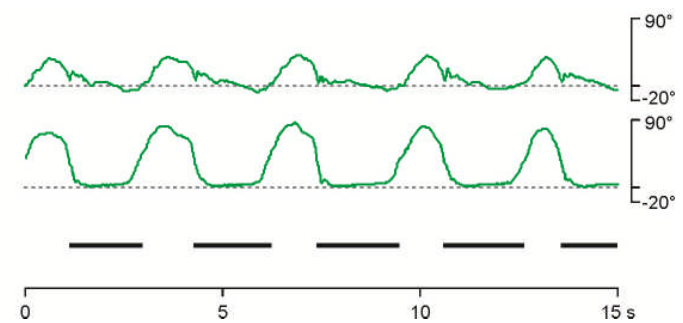
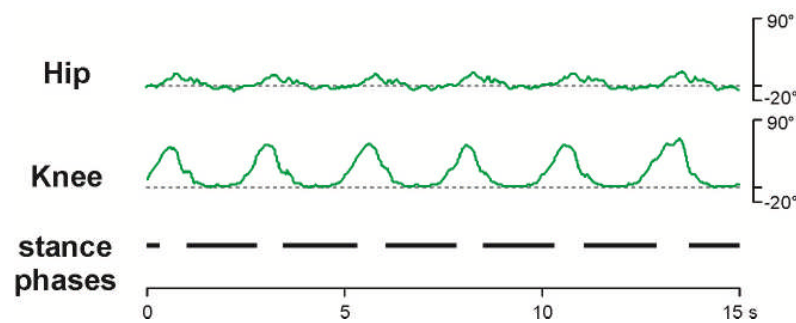
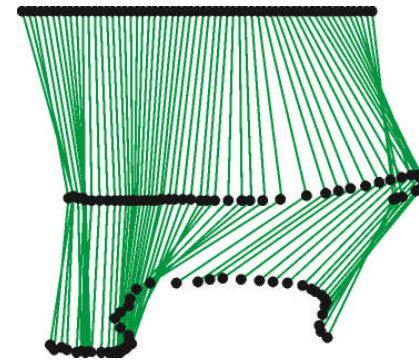
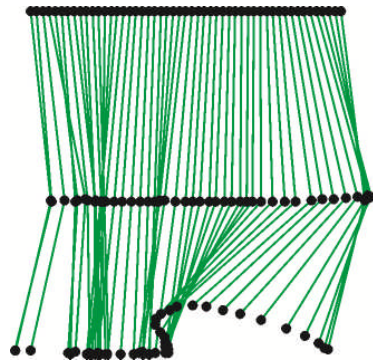


Incomplete SCI  
(ASIA D)

No body weight support, Treadmill speed: 1.6 km/h  
no stepping assistance

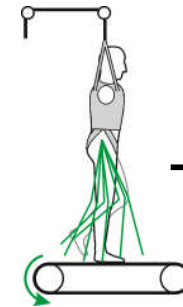
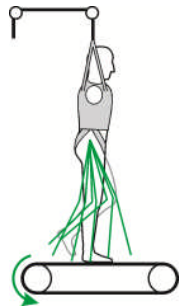


tSCS: *Sub-motor thr.*  
30 Hz

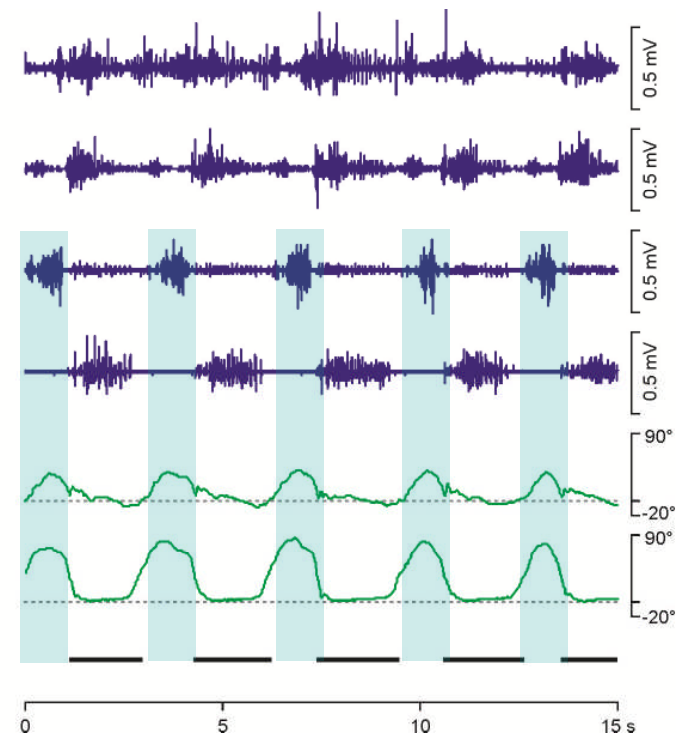
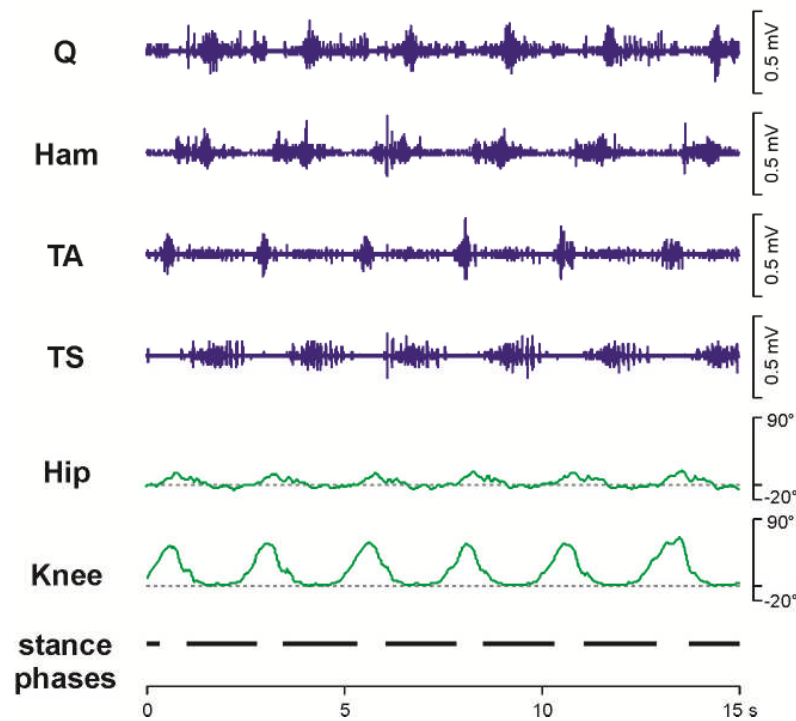


Non-ambulatory,  
motor-incomplete  
SCI (ASIA D)

No body weight support, Treadmill speed: 1.6 km/h  
no stepping assistance



tSCS: *Sub-motor thr.*  
30 Hz

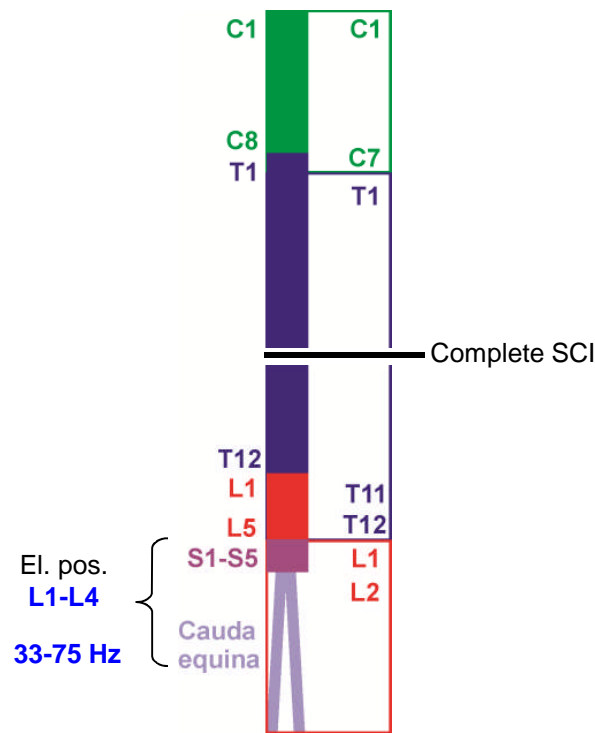




# Epidural SCS for spasticity control after SCI

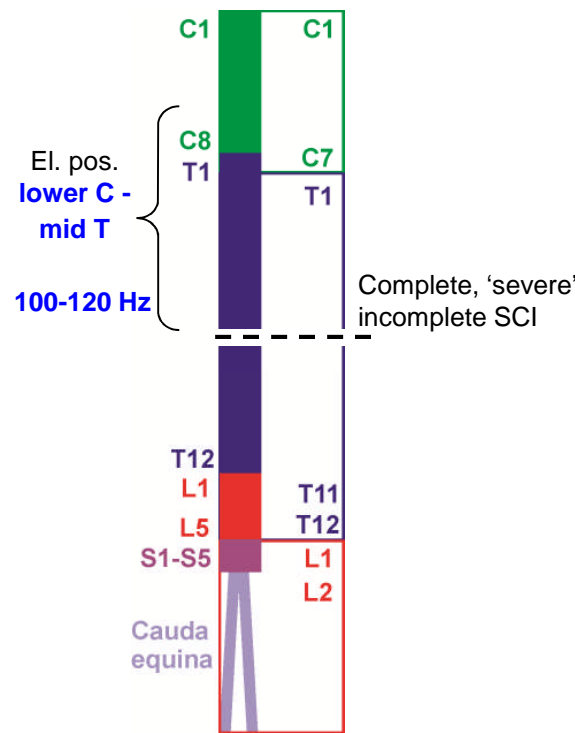
With regard to lower extremities

Richardson et al., 1978;1979



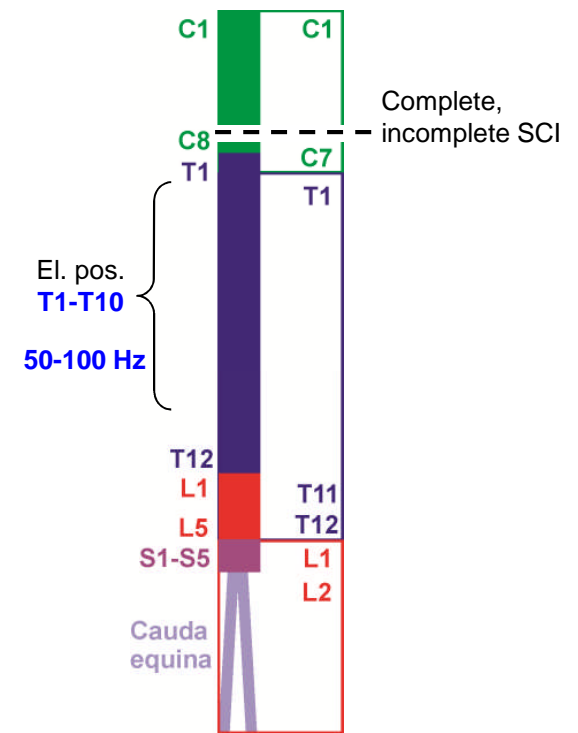
6 subjects,  
All had significant therapeutic effects:  
Complete control of spasticity  
(hypertonia and spasms)

Siegfried et al., 1981



15 subjects,  
No convincing therapeutic effects

Barolat et al., 1988



16 subjects,  
14 with significant therapeutic effects:  
Marked reduction of spasms, reduced  
clonus, improved motor function

# Spinal cord stimulation facilitates functional walking in a chronic, incomplete spinal cord injured.



Richard Herman  
Phoenix, Arizona

2 subjects, 'low'- ASIA C

Ambulatory function was improved by combining treadmill training and epidural SCS

Improved over-ground walking, reduction in time and energy cost of walking, sense of effort

Herman et al.  
Spinal Cord. 2002;40:65-8.

Carhart et al.  
IEEE Trans Neural Syst Rehabil Eng. 2004;12:32-42.

Huang H et al.  
IEEE Trans Neural Syst Rehabil Eng. 2006;14:14-23.

